

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Agency Closed
4	5	6	7	8
Labor Day Agency Closed	Chicken Philly Style Cheese Steak Sandwich with Peppers and Onions Seasoned Potato Wedges Steamed Brussel Sprouts Tropical Fruit Salad	Beef Goulash Italian Style Green Beans Fresh Baked Chocolate Chip Cookie	Gold Sauce Glazed Pork Cutlet Hinderwadel's Creamer Potatoes Summer Squash and Red Bell Peppers Strawberry Ice Cream	Tex-Mex Burger Served with Caramelized Onions and Sweet Mayo Oven Roasted Zucchini Jell-O Cake
11	12	13	14	15
Breaded Chicken Breast Filet Served on a Whole Wheat Bun Topped with Sliced Tomatoes and Lettuce Home-style Potato Salad 4 Way Mixed Vegetables Fresh Melon	Sliced Roast Beef with Lettuce and Red Onion on a Whole Wheat Kaiser Tomato Cucumber Salad with Tortellini Vanilla Pudding	Barbeque Pulled Pork Sandwich on Whole Wheat Kaiser Macaroni Salad Confetti Coleslaw Mandarin Orange Jell-O with Whipped Topping	Home Made Old Fashioned Meatloaf w/ Mushroom Gravy Garlic Red Skin Smashed Potatoes Steamed Broccoli Florets Fruit Cocktail Cup	Meat Sauce Marinara Over Bowtie Pasta Romaine Salad with Mandarin Oranges served with Poppyseed Dressing Fresh Baked Lemon Cookie
18	19	20	21	22
Meatball Sub on a Whole Wheat Sub Roll Italian Green Beans Pineapple Tidbits	CNY Smoke House Pork Cutlet Baked Beans Capri Blend Vegetable Tropical Fruit Salad	Grilled Marinated Chicken Breast Sandwich on a Whole Wheat Kaiser Shredded Lettuce, Tomatoes and Ranch Dressing Spring Vegetable Soup Fruit and Yogurt Parfait	Tropical Fruit Glazed Ham Yukon Gold Potatoes with Sliced Onions Roasted Fresh Zucchini Fresh Cantaloupe Fresh Baked Whole Wheat Roll	Crab Salad on Croissant Continental Potatoes Marinated Green Beans Strawberry Mousse
25	26	27	28	29
Bacon and Tomato Chicken Salad On Croissant Strawberry Feta Spinach Salad Served with Balsamic Vinaigrette Juicy Diced Peaches	Tuna Salad with Chopped Egg Served on Kaiser with Shredded Lettuce Cream of Cheddar Potato Soup Fresh Watermelon	Julienne Salad Topped with Ham, Turkey, Swiss Cheese, Tomatoes, Cucumbers, Hard Boiled Egg and Olives Crusty Italian Bread Chocolate Cream Pie	Mushroom Swiss Burger Seasoned Potato Cubes Sliced Carrots Apricot Halves	Beef and Bean Taco Salad with Lettuce, Tomatoes, Black Olives, Topped with Sour Cream and Tortilla Chips Mexican Brown Rice Lemon Meringue Pie

**All Meals Include:**

Coffee, tea, milk, bread, and margarine. Menus meet 1/3 of RDA.

Menu is subject to change.

**Eligibility:**

Everyone age 60 and over (spouses under 60 are welcomed).

**Suggested Contribution:**

\$3 Seniors *Any contribution is gratefully accepted; no client is turned away due to an inability or unwillingness to contribute.* / \$6 Guest meal

**Donations/Funding:**

Meals provided by PEACE, Inc. Senior Nutrition Program are funded by: Administration of Community Living, US Dept. of Agriculture, New York State Office for Aging, Onondaga County Office for Aging, and private donations.

# Nutrition Meal Locations & Days (Lunch is served at Noon) 315.470.3331

**Bob Cecile Senior Center** 315.473.2678  
 Mon - Fri 174 W Seneca Tnpk - Syr

**Brighton Towers Apt Center** 315.469.6919  
 Tues & Thurs 821 E Brighton Ave, Syr

**Camillus Senior Center** 315.672.3163  
 Mon - Fri 27 First St, Camillus

**Canton Woods Senior Center** 315.638.4536  
 Mon, Wed, Fri 76 Canton St, Bville

**Cicero Senior Center** 315.452.3298  
 Mon, Tues & Fri 5924 Lathrop Rd - Cicero

**Dewitt Senior Center** 315.470.3331  
 Tues & Wed 148 Sanders Creek Pkwy, E Syr

**Dunbar Center** 315.470.3331  
 Mon, Wed, Fri 1453 S State St, Syr

**Eastside Family Resource Cent.** 315.470.3325  
 Wed & Fri 201 S Beech St, Syr

**Eastwood Community Center** 315.437.4011  
 Tues, Wed & Fri 401 S Midler Ave, Syr

**Fay Road Baptist Church** 315.468.2071  
 Tues (Closed in summer) 750 Fay Rd, Syr

**Heman Street School Apts.** 315.437.3541  
 Mon & Wed 121 E Heman St, E Syr

**Huntington Family Center** 315.476.3157  
 Mon - Fri 405 Gifford St, Syr

**Jordan Elbridge Comm. Cent.** 315.689.3431  
 Tues (except the first Tues of the month) & Fri  
 238 E. Main St, Rt. 31, Jordan

**Limestone Community Center** 315.682.7001  
 Mon & Wed 7626 Highbridge Rd, Manlius

**Liverpool Methodist Church** 315.457.5180  
 Mon 604 Oswego St, Liverpool

**Magnarelli Cent. McChesney Pk** 315.473.2673  
 Mon & Wed 2308 Grant Blvd, Syr

**Marcellus United Methodist Ch.** 315.673.9052  
 Thurs 1 Slocombe Ave, Marcellus

**Norstar Apts. Community Rm.** 315.457.4777  
 Thurs & Fri 4784 Norstar Blvd, Liverpool

**The Meadows Apartments** 315.635.6125  
 Tues & Thurs 3490 Meadowbrier Ln, Bville

**N. Syracuse Community Center** 315.458.8050  
 Every 1<sup>st</sup> Thurs of month 700 S Bay Rd, N Syr

**Onondaga Senior Center** 315.469.3259  
 Mon - Thurs 4834 Velasko Rd, Syr

**Providence House Apts.** 315.471.8427  
 Mon - Fri 1700 W Onondaga St, Syr

**Ross Towers** 315.473.8506  
 Mon, Wed, Fri 710-712 Lodi St, Syr

**Salina Civic Center** 315.470.3331  
 Mon - Fri 2826 Lemoyne Ave, Mattydale

**Skaneateles Community Center** 315.673.9052  
 Wed 97 State St, Skaneateles

**Solvay Masonic Club** 315.673.9052  
 Mon 780 Woods Rd, Solvay

**Toomey Abbott Towers** 315.428.0180  
 Tues & Thurs 1207 Almond St, Syracuse

**Town of Clay Senior Cent.** 315.652.3800 x137  
 Wed 4948 County Rte 31, Clay

**Tully United Community Ch.** 315.696.8066  
 Tues 5876 Meetinghouse Rd, Tully

**United Ch. of Christ, Bayberry** 315.470.3331  
 Fri 215 Blackberry Rd, Liverpool

**Valley Vista** 315.469.4100  
 Wed 122 W Seneca Turnpike, Syr

**Villa Scalabrini Apts.** 315.472.3142  
 Tues & Thurs 825 E Willow St, Syr

**Vinette Towers** 315.422.0408  
 Tues, Thurs, Fri 907 Pond St, Syr

**Westcott Community Center** 315.478.8634  
 Mon - Fri 826 Euclid Ave, Syr

www.peace-caa.org 315.470.3331



## Special Date(s) for September 2017

- 1 Agency Closed
- 4 Agency Closed



- 10 Grandparent's Day



- 18 National Cheeseburger Day



PEACE Inc.

Administrative Office

217 South Salina Street, 2nd floor  
 Syracuse, NY 13202-1323

315.470.3300 • info@peace-caa.org

www.peace-caa.org

*Enjoy a  
 freshly prepared  
 healthy meal*

PEACE, Inc.  
 Senior Nutrition  
 315.470.3331

2017  
 September  
 Menu