Executive Summary
Services for Older Residents of Onondaga County 2020

Help Us Plan the Future of Aging

The Onondaga County Office for Aging invites you to attend one of two Public Hearings and share your thoughts on the needs of older adults to assist us as we prepare our Four Year Plan.

Tuesday, October 22nd from 1:00 to 2:30 pm
Magnarelli Community Center at McC Chesney Park
2300 Grant Boulevard
Syracuse, NY 13208

Wednesday, October 23rd from 1:00 to 2:30 pm
Clay Town Hall
4401 State Route 31
Clay, NY 13041

J. Ryan McMahon, II
County Executive

Peter J. Headd
Executive Director
Office for Aging
Executive Summary - 2020
Services for Older Residents of Onondaga County

The staff of Onondaga County Department of Adult & Long Term Care Services, Office for Aging, wish to thank you for being part of the Public Hearing process. We know that you, as consumers and professionals in age-related services, are aware of the social needs in Onondaga County and the publicly funded support services that are required to meet those needs.

We are pleased to share our current services, plans and visions for the future with you. We invite you to comment or share your ideas and concerns with us. This can be done by attending the Public Hearings or by writing to:

   Peter J. Headd, Executive Director
   Onondaga County Office for Aging
   421 Montgomery Street, 10th Floor
   John H. Mulroy Civic Center
   Syracuse, NY 13202

   You can fax Peter J. Headd as well at 315-435-3129 or email
   cherrylamb@ongov.net.

   All input is due by 11/15/2019.

   If emailing or faxing please use PLAN2020 in the subject line. Thank you!

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Agency Overview

The Onondaga County Office for Aging is the designated Area Agency on Aging for Syracuse and Onondaga County. It was established as a result of the Older Americans Act of 1965 and is charged to “...provide assistance in the development of new or improved programs to help older persons through grants to the States for community planning and services and for training through research, development, or training project grants...”

The Older Americans Act of 1965 is the principal piece of legislation responsible for creating an organized network of services for the elderly. This watershed social policy went beyond the boundaries of the income-insurance programs. It established an arm of the Department of Health, Education and Welfare (now known as the Department of Health and Human Services) to provide the basis for government financial aid to assist state and local communities in meeting the physical and social needs of seniors.

The aging population of Onondaga County continues to grow, become more diverse and live longer lives. This affords us the opportunity to plan, establish and administer programs and services that will celebrate the strengths of seniors, and provide for their needs. To this end, the Department of Adult & Long Term Care Services, Office for Aging is pleased to present this Executive Summary of planned services for the year 2019. Our office welcomes comments from consumers, as well as service organizations, about issues and needs our community faces as our citizens age.

The Community Forum in Action

The Office for Aging, is required to conduct a yearly Public Hearing and welcomes the opportunity. The purpose of the Public Hearing is to create an atmosphere for dialogue about the Office for Aging’s current programs. It also serves as a means for the Office to receive input on solving any problems and/or filling any gaps that may exist in our delivery of services to older adults in Onondaga County.

This year the Office for Aging is seeking input on our Four Year Plan. We are creating a strategic plan that will outline the goals, and desired outcomes, for Onondaga County seniors over the years 2020 to 2024. Included in this Executive Summary is the Office for Aging’s 2020 plan. With the input from the Public Hearing process we will add to the 2020 plan and expand it to encompass the next four years. The Office for Aging’s Four Year Plan will align with the goals and outcomes of the New York State’s Office for Aging’s (NYSOFA) plan and will be submitted to NYSOFA for their review and approval in December of 2019.
Partnerships and Priority Services in 2020

As the official Area Agency on Aging in Onondaga County, the Department of Adult & Long Term Care Services, Office for Aging, is mandated by law to provide certain priority services. They are:

**Legal Services:** Contractor provides legal case assistance in civil matters and specific entitlement programs.

**Access Services:** These programs provide vital linkages to other social services. In addition, they can directly meet critical needs of older persons.

**In-Home Services:** Programs in this group are directly connected to the needs of homebound and/or frail older persons. These programs are designed to provide case specific support so that the older person may remain home for as long as it is practical.

We are committed to the continuation of our programs, which are planned and designed to meet both the letter of the law, and the spirit of the law. In 2019, we administered these mandated services to more than 12,000 registered clients in partnership with the following contracted agencies:

**Community Partners**

**Legal Services:**
Legal Aid Society of Mid New York, Inc.

**Access Services:**
Alzheimer’s Association of CNY
Aurora of CNY
Canton Woods Senior Center
Catholic Charities
The Centers at St. Camillus
Central New York Services
CNY Regional Transportation Authority
Dunbar Association
Ecumenical Council of Minoa, Bridgeport, Kirkville
ElderCare Social Day Program
Highland Patient Transport
Huntington Family Center
Jewish Community Center
Laker Transportation Project, Inc.
Meals on Wheels Eastern Onondaga County
Meals on Wheels of Syracuse
Nascentia Health
North Area Meals on Wheels
Northeast Community Center
OASIS
P.E.A.C.E., Inc.
Silver Fox Social Day Program
Syracuse Housing Authority
Syracuse Jewish Family Service
Syracuse Community Connections
The Salvation Army Syracuse Area Services
Town of Elbridge
Upper NY Conference of the UM Church
Westcott Community Center

**In-Home Services:**
Access CNY
All Metro Health Care
ARISE
CareGivers, Inc.
Catholic Charities
Huntington Family Services
Integrity
Interim HealthCare
Maxim Healthcare Services
Menorah Park Home Care
Nascentia Health
P.E.A.C.E., Inc.
Response 4 Help
Self-Direct Inc.
Stafkings
Syracuse Jewish Family Service
Touching Hearts at Home
TruCare Connections
TymeSavers, Inc.
The Year Ahead - 2020

The Onondaga County Department of Adult & Long Term Care Services, Office for Aging, will:

- Continue support of Mandated Services contingent upon funding from the United States Congress, the New York State Legislature, the Onondaga County Legislature and the City of Syracuse.

- Continue to provide services to the community through Contracted Agencies by means of a Competitive Procurement Process. The Office for Aging staff, in accordance with New York State Office for Aging regulations, will monitor programs for compliance.

- Continue to offer telephone and in-person Information and Assistance services.

- Senior Nutrition Services will work with contract agencies and community groups to increase access and equity to senior nutrition programs and other support services.

- The Expanded In-Home Services for the Elderly (EISEP) will continue to provide in-home services to seniors in accordance with NY State Office for Aging regulations that includes a consumer directed model.

- Caregiver Services will continue to provide caregiver information and assistance, continue the Institute for Caregivers and the Caregiver Discussion Groups.

- The HIICAP (Health Insurance Information, Counseling and Assistance Program) will continue to offer free and unbiased insurance information and expand outreach efforts to recruit and train additional volunteers.

- New York Connects will continue to provide free and unbiased information and assistance on long term care services and supports for people of any age. Staff will provide individual options counseling to assist families in choosing appropriate services.

- Community Services for the Elderly Programs will continue to operate with the goal of creating and implementing programs and services that meet the diversity of needs of older adults. Providing ethnic and culturally sensitive case work practices, continues to be a central focus.

- Access to Energy Assistance for income-eligible seniors will continue through HEAP and other programs.

- Continue community based funding for Transportation Services and seek ways to coordinate and expand in underserved areas for seniors and individuals with disabilities.

- The Health Promotion/Disease Prevention Program will focus on increasing access to evidence-based programs such as, Chronic Disease Self-Management Program, Powerful Tools for Caregivers, PEARLS, Walk With Ease, Tai Chi for Arthritis and Diabetes Self-Management Program, to unserved populations.

- Continue, and expand, Fall Prevention programs.

- Public Information will continue to be distributed via a variety of venues, including social media, multimedia, printed outreach materials and on our, continuously updated, Office for Aging website: www.ongov.net/aging.

- Begin the process towards becoming an AARP Certified “Age Friendly Community.”
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<tr>
<th>Caregiver Services</th>
<th>Community Service Programs</th>
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<tbody>
<tr>
<td>Information and Consultation for people caring for older persons.</td>
<td>• Home Repairs/Housing Counseling</td>
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<tr>
<td>• Telephone Support</td>
<td>• Legal Services/Neighborhood Advisors</td>
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<tr>
<td>• Institute for Caregivers (I Care)</td>
<td>• Senior Center Activities</td>
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<tr>
<td>Classes on a variety of topics related to caregiving</td>
<td>• Social Work Services</td>
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<td>• Caregiver Discussion Groups</td>
<td>• Referrals for Transportation Options</td>
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<tr>
<th>HIICAP</th>
<th>New York Connects</th>
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<td>Health Insurance Information, Counseling &amp; Assistance</td>
<td>Information &amp; Assistance On:</td>
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<tr>
<td>• Free, unbiased information on supplemental health insurance, Medicare and prescription coverage options.</td>
<td>• Long-Term Care services &amp; supports - any age</td>
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<td>• Provides “No Wrong Door” Screens to assist families in choosing appropriate levels of service &amp; support</td>
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<tr>
<th>EISEP</th>
<th>Long-Term Care Resource Center</th>
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<tr>
<td>Expanded In-Home Services for the Elderly Program. Sliding Scale Fee</td>
<td>• Provides on-going, medically based care management for adults &amp; children with disabilities</td>
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<tr>
<td>• In-home, non-medical care to help frail individuals age 60+</td>
<td>• Works with Adult Protective to provide nursing assessments</td>
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<tr>
<td>• In-home assessments &amp; personal care services</td>
<td>• Works with Medicaid Waiver Programs to provide personal &amp; consumer directed home care services</td>
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<tr>
<td>• Respite/Social Adult Day Programs</td>
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<td>• Consumer Directed Options</td>
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<tr>
<th>HEAP</th>
<th>Nutrition Services</th>
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<tr>
<td>Home Energy Assistance Program</td>
<td>• Nutrition Counseling &amp; Education</td>
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<tr>
<td>• Utility subsidy to those 60+ &amp; income eligible</td>
<td>• County Dining Sites for age 60+</td>
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<td>• Home Delivered Meals</td>
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<td>• Senior Farmers Market Nutrition Program &amp; Coupons</td>
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