



The 10th Annual  
**Falls Prevention Awareness Day**

Will Be Observed on  
**September 22, 2017**  
the First Day of Fall

The event seeks to raise awareness about how to prevent fall-related injuries among older adults.



**Ten Years Standing  
Together to  
Prevent Falls**

Onondaga County  
Office for Aging  
315-435-2362



**Seniors, Age 60 and Older, are Invited  
to Join Us for a **FREE** Event**

- Falls Education
- Strength & Balance Screening
- Strength & Balance Exercise Class
- Lunch

**Falls Prevention Awareness Day**  
**September 22, 2017**

**Syracuse Dunbar Center**  
1453 South State Street  
Syracuse, NY 13205

**10:30 am to Noon:**

Education, Screening & Class

**Noon:** Lunch

**Reservations Required:**

(315) 435-2362 Ext. 4942

Please call by September 18, 2017