

Home Delivered Meals in Onondaga County



The Home Delivered Meals Program provides meals (hot lunch and cold dinner) to people of ALL ages that are unable to prepare their own meals due to an illness or injury. The program provides assistance to, nutritionally at risk, homebound, frail or isolated individuals who are age 60 or over, and in some cases, their caregivers, spouses, and/or persons with disabilities.

Participants are asked to voluntarily contribute \$4.00 for two meals or \$4.50 for two Kosher meals. Any contribution is gratefully accepted; no client is turned away due to an inability or unwillingness to contribute.

Meals on Wheels (MOW) of Eastern Onondaga County, Kosher Meals on Wheels, Meals on Wheels of Syracuse, Inc., and North Area Meals on Wheels, contract with the Onondaga County Office for Aging to provide savory, nutritious meals, comprehensive in-home assessments, nutrition counseling and other services to eligible seniors who are unable to regularly prepare healthy meals for themselves.

Meals are delivered Monday through Friday by caring volunteers who check on clients each day. Participants overwhelmingly report a better sense of well-being and independence as a result. The Home Delivered Meals Program is a primary access point for other home and community-based services.

The program provides much more than food; it provides a wholesome meal plus a safety check.

**Onondaga County Office for Aging
Contracts With the Following Programs to
Deliver Meals to the Homebound**

**Meals on Wheels of
Eastern Onondaga County**

315- 637-5446

P.O. Box 72, Manlius, NY 13104

Serves: Bridgeport, DeWitt, East Syracuse,
Minoa, Fayetteville, Jamesville, Kirkville,
Manlius, Pompey, Tully/Lafayette Area.

fmjdmealsonwheels@verizon.net

<http://www.fm-jdmealsonwheels.com/>

Kosher Meals on Wheels

315- 446-9111 ext. 256

4101 East Genesee St, Syracuse, NY 13214

Serves: those who require Kosher.

ellisid@sjfs.org

Meals on Wheels of Syracuse, Inc.

315- 478-5948

300 Burt St., Syracuse, NY 13202

Serves: City of Syracuse, Jordan/Elbridge,
Onondaga Nation, Nedrow, Skaneateles

mkaufman@meals.org

www.meals.org

North Area Meals on Wheels, Inc.

315- 452-1402

413 Church Street, North Syracuse, NY 13212

Serves: Cicero & North Syracuse school
district; Brewerton, Town of Clay and
Town of Salina south of John Glenn Blvd.

northareamow@verizon.net

www.namow.org

**Other meals on wheels programs in
Onondaga County provide meals on a
private pay basis:**

Baldwinsville Meals on Wheels

315- 638-2171

76 Canton St., Baldwinsville, NY 13027

Serves: Towns of Lysander and Van Buren,
Town of Salina north of John Glenn
ladydm13@yahoo.com

ECHO Meals on Wheels West

315- 487-2878

4600 W. Genesee St., Syracuse, NY 13219

Serves: Camillus, Geddes, Marcellus,
Onondaga and Solvay