Home Delivered Meals in Onondaga County

The Home Delivered Meals Program provides meals (hot lunch and cold dinner) to people of ALL ages that are unable to prepare their own meals due to an illness or injury. The program provides assistance to, nutritionally at risk, homebound, frail or isolated individuals who are age 60 or over, and in some cases, their caregivers, spouses, and/or persons with disabilities.

Participants are asked to voluntarily contribute $4.00 for two meals or $4.50 for two Kosher meals. Any contribution is gratefully accepted; no client is turned away due to an inability or unwillingness to contribute.

Meals on Wheels (MOW) of Eastern Onondaga County, Kosher Meals on Wheels, Meals on Wheels of Syracuse, Inc., and North Area Meals on Wheels, contract with the Onondaga County Office for Aging to provide savory, nutritious meals, comprehensive in-home assessments, nutrition counseling and other services to eligible seniors who are unable to regularly prepare healthy meals for themselves.

Meals are delivered Monday through Friday by caring volunteers who check on clients each day. Participants overwhelming report a better sense of well-being and independence as a result. The Home Delivered Meals Program is a primary access point for other home and community-based services.

The program provides much more than food; it provides a wholesome meal plus a safety check.
Onondaga County Office for Aging
Contracts With the Following Programs to Deliver Meals to the Homebound

Meals on Wheels of Eastern Onondaga County
315- 637-5446
7248 Highbridge Rd., F’ville, NY 13066
moweoc@gmail.com
http://mealsonwheelseastonondaga.org

Kosher Meals on Wheels
315- 446-9111 ext. 256
4101 East Genesee St, Syracuse, NY 13214
Serves: those who require Kosher.
ellisd@sjfs.org

Meals on Wheels of Syracuse, Inc.
315- 478-5948
300 Burt St., Syracuse, NY 13202
Serves: City of Syracuse, Jordan/Elbridge, Onondaga Nation, Nedrow, Skaneateles
mkaufman@meals.org
www.meals.org

North Area Meals on Wheels, Inc.
315- 452-1402
413 Church Street, North Syracuse, NY 13212
Serves: Cicero & North Syracuse school district; Brewerton, Town of Clay and Town of Salina south of John Glenn Blvd.
northareamow@verizon.net
www.namow.org

Other meals on wheels programs in Onondaga County provide meals on a private pay basis:

Baldwinsville Meals on Wheels
315- 638-2171
76 Canton St., Baldwinsville, NY 13027
Serves: Towns of Lysander and Van Buren, Town of Salina north of John Glenn
ladydm13@yahoo.com

ECHO Meals on Wheels West
315- 487-2878
4600 W. Genesee St., Syracuse, NY 13219
Serves: Camillus, Geddes, Marcellus, Onondaga and Solvay