



Onondaga County Office For Aging
Registered Dietitians present:

Nutrition As You Age!

- Nutrition Education will be offered to interested senior participants using Zoom.
- The same presentation will be offered on each of the dates listed below.
- Individuals should register for one date that best fits their schedule. After registering, individuals will receive a confirmation email.

Save the Dates!

Thursday, May 13th at 1:30 pm:

https://zoom.us/meeting/register/tJAocuqppz4sGtJrvfpfefGQNHgcR_ysoFF1

OR

Wednesday, May 19th at 10:00 am:

<https://zoom.us/meeting/register/tJAvcemopzMrHdU0koRrGFubdAsoLdMTRCEh>



If you have questions, email Heather Hudson at HeatherHudson@ongov.net.