May, June, July 2018

"FINDING YOUR WAY WITH PARKINSON'S DISEASE" SUPPORT AND EDUCATION GROUPS

Please email your name to ellenmccauley@ongov.net to receive the newsletter by email.

Regular Monthly Group Meetings

Monday, 5/7/18, 12:00-1:30 pm The Hearth at Greenpoint

150 Old Liverpool Road, Liverpool

Program: Sharing and Support

Tuesday, 5/8/18, 4:00-5:30 pm Brookdale Summerfield

100 Summerfield Village Lane, Onondaga Hill

Program: Sharing and Support

Monday, 5/17/18, 2:00-3:30 pm The Nottingham

1301 Nottingham Road, Jamesville

Program: "KICK-OFF" New Group - Mary Pond, Facilitator

Monday, 6/4/18 12-1:30 pm The Hearth at Greenpoint

Program: Annual Summer Indoor Picnic

Everyone from all groups is invited -

Reservations required: Contact Cynthia at:

315-435-2362 x4993 or cstevenson@ongov.net

Tuesday, 6/12/18 4-5:30 pm Brookdale Summerfield

Program: Sharing and Support

Thursday, 6/21/18 2-3:30 pm The Nottingham

Program: Sharing and Support

Monday, 7/2/18 12-1:30 pm The Hearth at Greenpoint

Program Sharing and Support

Tuesday, 7/10/18 4-5:30 pm Brookdale Summerfield

Program: Sharing and Support

Thursday, 7/19/18 2-3:30 pm The Nottingham

Program: Sharing and Support

6th annual "Living An Active Life With Parkinson's Disease" Conference

Thursday, October 11, 2018, Holiday Inn, Electronics Parkway, Liverpool, NY

Dementia Care 2018, May 23, Holiday Inn, Syracuse

Call 315-472-4201 & Press 0 to Register, \$65/per person

Celebration Luncheon for Onondaga County Seniors, May 10, Drumlin's

Call 315-435-2362 x4945 for Registration Form, \$5/per person

Parkinson Discussion Groups

First Monday of Month

12:00 – 1:30 pm The Hearth at Greenpoint 150 Old Liverpool Road, Liverpool

Second Tuesday of Month

4 - 5:30 pm

Brookdale Summerfield 100 Summerfield Village Lane Onondaga Hill, off Velasko Road

Third Thursday of Month

2 - 3:30 pm

The Nottingham 1301 Nottingham Road, Jamesville

T'ai Chi for Health

Go Figure Gym

3791 Milton Ave. Camillus, NY 13031



CNY Huntington Disease Support Group

For Information Contact: 315-656-8598 or jmirabito1@twcny.rr.com



Rock Steady Boxing CNY

209 Oswego Street #12 Liverpool, NY 13088 315-622-2332 or CNY.RSBaffliate.com

The Centers at St. Camillus

813 Fay Road, Syracuse. For more information, call 315-729-7178

Madison County Group

Fourth Tuesday of Month:

Madison County Group 12:30 – 3 pm

April 24, 2018

Everyone is Welcome - Dr. Sulada Kanchana "New Treatments for Parkinson's Disease"

Marshall Farms Foundation, Large Community Building 1978 New Boston Road, Chittenango

Contact for Information: Martha at Marcar96@aol.com 315-655-3796 or 315-687-9014

ANNOUNCING

A NEW "Finding Your Way With Parkinson's Disease"

Support and Education Group

Persons with Parkinson's Disease, Care Partners and Friends are Invited to Join a **NEW** Group Starting:

Thursday, May 17, 2018 2:00 – 3:30 pm at The Nottingham 1301 Nottingham Road Jamesville, NY





Come and Meet Marty Pond, the Group Facilitator.

The group will be Meeting Every Third Thursday of the Month Starting May 17, 2018 at 2:00 pm.

Those in the group learn from, and support, each other as they reach out and try different strategies for providing care for their family members as well as themselves. The groups are trusting places where caregivers can express emotions and concerns and find validation and encouragement.

Reservations Requested (For the 1st Meeting Only) Contact:
Kara Gemmell, The Nottingham at 315-413-3903
OR Cynthia Stevenson, Office for Aging, at 315-435-2362 x4993



The Parkinson's Foundation presents

MOVING DAY CENTRAL NY

A Walk for Parkinson's

Join us for an informational meeting on who the Parkinson's Foundation is and what Moving Day is all about. We will also be unveiling the date and location for Moving Day Central NY!

Information meeting will be held on:

June 12th, 1-2:30pm

The Hearth at Greenpoint 150 Old Liverpool Rd. Liverpool, NY 13008

Registration is not required but greatly appreciated, please contact Kim Collins at kcollins@parkinson.org or 585-662-3686 or Cynthia Stevenson CynthiaStevenson@ongov.net by June 8th.