

November, December 2019 & January 2020

“FINDING YOUR WAY WITH PARKINSON’S DISEASE” SUPPORT AND EDUCATION GROUPS

Regular Monthly Group Meetings

November

1st Monday, 11/4/19

12-1:30 pm

Program:

2nd Tuesday, 11/12/19

4-5:30 pm

Program:

3rd Thursday, 11/21/19

2-3:30 pm

Program:

The Hearth at Greenpoint

150 Old Liverpool Road, Liverpool

Speech & Swallowing With Parkinson’s

Brookdale Summerfield

100 Summerfield Village Lane, Onondaga Hill

Sharing and Support

The Nottingham

1301 Nottingham Road, Jamesville

Speech & Swallowing With Parkinson’s

Everyone is invited to attend either the 11/4 or 11/21 presentation. Our speaker will be **Kathy Sollecito**, MS, CCC-LP, a Speech-Language Pathologist. She has thirty years experience working with adults with neurological conditions including Parkinson’s disease. She earned her Bachelor’s Degree in Speech-Language Pathology at the University of Washington, Seattle, completed her clinical fellowship at the VA Hospital in Long Beach, CA and then spent most of her career in Oregon in a large hospital. Kathy moved back to Syracuse a few years ago where she is the Outpatient Pathologist for Crouse Hospital and also works in the main hospital with inpatients. She provides services for inpatients at St. Joseph’s Hospital as well. Kathy says, “Working with people with communication and swallowing difficulties is not just my job, it is my pleasure.”

December

1st Monday, 12/02/19

12-1:30 pm

Program:

2nd Tuesday, 12/10/19

4-5:30 pm

Program:

3rd Thursday, 12/19/19

2-3:30 pm

Program:

The Hearth at Greenpoint

150 Old Liverpool Road, Liverpool

Sharing and Support

Brookdale Summerfield

100 Summerfield Village Lane, Onondaga Hill

Sharing and Support

The Nottingham

1301 Nottingham Road, Jamesville

Sharing and Support

January

1st Monday, 1/06/20

12-1:30 pm

Program:

2nd Tuesday, 1/14/20

4-5:30 pm

Program:

3rd Thursday, 1/16/20

2-3:30 pm

Program:

The Hearth at Greenpoint

150 Old Liverpool Road, Liverpool

Sharing and Support

Brookdale Summerfield

100 Summerfield Village Lane, Onondaga Hill

Sharing and Support

The Nottingham

1301 Nottingham Road, Jamesville

Sharing and Support

SAVE THE DATE!

Tuesday, January 21, 2020

1:00-3:00 pm

(Check-in at 12:45)

Community of Dewitt and Jamesville Library

5110 Jamesville Road, Dewitt, NY

The community is invited to this free program from the



Expert Briefing:

**“Optimal Exercise Strategies for
Stability, Strength & Stamina”**

1:00-2:00 pm

Nationally Broadcast Webinar

2:00-2:15 pm

Response by Local Expert,

Patrick VanBeveren, PT

2:15-3:00 PM

Questions & Discussion

For additional information contact:

Cynthia at 315-673-3820 or cdstevenson1934@gmail.com