

Executive Summary

Services for Older Residents of Onondaga County

2023

The Onondaga County Department of Adult & Long Term Care Services, Office for Aging is seeking **COMMUNITY INPUT** on our **2023 Service Plan**.

Each year the Office for Aging plans programs and services for the following year.

This year we are holding

“Community Listening Sessions”

plus we are seeking
email/fax/mail or telephone input.

If your senior center/dining or housing site/community group or agency would like an **in-person listening session** please contact us before 12/30/2022 at:
315-435-2362 x4942.

We will gather input from all sources and
Report to the Community in March 2023.

J. Ryan McMahon, II
County Executive



JoAnne Spoto Decker
Commissioner
Onondaga County Department of
Adult & Long Term Care Services

Executive Summary

The staff of Onondaga County Department of Adult & Long Term Care Services, Office for Aging, wish to thank you for being part of the Office for Aging Service **2023 Service Plan** process. We know that you, as consumers and professionals in age-related services, are aware of the social needs in Onondaga County and the publicly funded support services that are required to meet those needs. We are pleased to share our current services, plans and visions for the future with you. We invite you to comment or share your ideas and concerns with us. This can be done in several ways.

Seniors (age 60 or older), their **caregivers or senior service providers** (who work with seniors 60 or older) may **write, email, call or fax** us your input by **12/30/2022** to:

JoAnne Spoto Decker, Commissioner
Onondaga County Department of Adult & Long Term Care Services
421 Montgomery Street, 10th Floor
John H. Mulroy Civic Center
Syracuse, NY 13202

Email: ellenmccauley@ongov.net
Telephone: 315-435-2362 Ext. 4942

If emailing or faxing please put PLAN2023 in the subject line
Fax: 315-435-3129 - Attn: JoAnne Spoto Decker
Thank you for helping us develop our 2023 Service Plan!



Agency Overview

The Onondaga County Office for Aging is the designated Area Agency on Aging for Syracuse and Onondaga County. It was established as a result of the Older Americans Act of 1965 and is charged to “...provide assistance in the development of new or improved programs to help older persons through grants to the States for community planning and services and for training through research, development, or training project grants...”

The aging population of Onondaga County continues to grow and become more diverse. This affords us the opportunity to plan, establish and administer programs and services that will celebrate the strengths of seniors, and provide for their needs.

To this end, the Department of Adult & Long Term Care Services, Office for Aging, is pleased to present this Executive Summary of planned services for the year 2023. Our office welcomes comments from consumers, as well as service organizations, about issues and needs our community faces as our citizens age.

**We are Committed to Assisting
Onondaga County
in 2023 and Beyond!**

Partnerships and Priority Services in 2022

As the official Area Agency on Aging in Onondaga County, the Department of Adult & Long Term Care Services, Office for Aging, is mandated by law to provide certain priority services. They are:

Legal Services: Contractor provides legal case assistance in civil matters and specific entitlement programs.

Access Services: These programs provide vital linkages to other social services. In addition, they can directly meet critical needs of older persons.

In-Home Services: Programs in this group are directly connected to the needs of homebound and/or frail older persons. These programs are designed to provide case specific support so that the older person may remain home for as long as it is practical.

We are committed to the continuation of our programs, which are planned and designed to meet both the letter of the law, and the spirit of the law. In 2021, we administered these mandated services in partnership with the following contracted agencies:

Community Partners

Access CNY
All Metro Health Care
Alzheimer's Solutions
ARISE
Aurora of CNY
CareGivers, Inc.
Catholic Charities
CNY Regional Transportation Authority
Dunbar Association
Ecumenical Council of Minoa, Bridgeport, Kirkville
Helio Health
Highland Patient Transport
Huntington Family Center
Integrity
InterFaith Works
Interim HealthCare
Jewish Community Center
Laker Transportation Project, Inc.
Legal Aid Society of Mid New York, Inc.
Maxim Healthcare Services
Meals on Wheels Eastern Onondaga County

Meals on Wheels of Syracuse
Nascentia
North Area Meals on Wheels
Northeast Community Center
OASIS
P.E.A.C.E., Inc.
Response 4 Help
Sage Upstate
Self-Direct Inc.
Senior Home Care
Silver Fox Social Day Program
Staflings
Suburban Transportation
Syracuse Housing Authority
Syracuse Jewish Family Service
Syracuse Community Connections
The Salvation Army Syracuse Area Services
Touching Hearts at Home
Town of Elbridge
TymeSavers, Inc.
Upper NY Conference of the UM Church
Westcott Community Center

The Year Ahead - 2023

(Service Delivery will be Provided in Accordance with CDC Guidelines.)

Onondaga County Department of Adult & Long Term Care Services, Office for Aging, will:

- ❑ Continue support of **Mandated Services** contingent upon funding from the United States Congress, the New York State Legislature, the Onondaga County Legislature and the City of Syracuse.
- ❑ Continue to provide services to the community through **Contracted Agencies** by means of a Competitive Procurement Process. The Office for Aging staff and the Aging Services Advisory Board, in accordance with New York State Office for Aging regulations, will monitor programs.
- ❑ Continue to offer telephone and in-person **Information and Assistance** services.
- ❑ **Senior Nutrition Services** will work with contract agencies and community groups to increase access to senior nutrition programs and other support services.
- ❑ The **Expanded In-Home Services for the Elderly (EISEP)** will continue to provide in-home services to seniors in accordance with NY State Office for Aging regulations and include consumer directed in-home options for care.
- ❑ **Caregiver Services Program** will continue to provide information, assistance and public education to caregivers. The Program will also offer, and facilitate, Caregiver Discussion Groups throughout Onondaga County.
- ❑ The **HIICAP (Health Insurance Information, Counseling and Assistance Program)** will continue to offer free and unbiased insurance information.
- ❑ **New York Connects** will continue to offer a “No Wrong Door Program” for free and impartial information and assistance on long term care services and supports for people of any age and any payer source. Certified staff will provide Options Counseling to assist families in choosing appropriate, person-centered services.
- ❑ **Community Services** for the Elderly Programs will continue to operate with the goal of creating and implementing programs and services that meet the diversity of needs of older adults. Providing ethnic and culturally sensitive case work practices, continues to be a central focus.
- ❑ Access to Energy Assistance for income-eligible seniors will continue through **HEAP** and other programs.
- ❑ Continue community based funding for **Transportation Services** and seek ways to coordinate and expand in underserved areas for seniors and individuals with disabilities.
- ❑ The **Health Promotion/Disease Prevention Program** will focus on increasing access to evidence-based programs such as Chronic Disease Self-Management Program, Tai Chi for Arthritis and Diabetes Self-Management Program to unserved areas.
- ❑ Continue, and expand, **Fall Prevention** programs.
- ❑ **Public Information** will continue to be distributed via a variety of venues, including social media, multimedia, printed outreach materials and on our continuously updated website: www.ongov.net/adult.



Resources for Older Adults

Caregiver Services

Information and Consultation for people caring for older persons.

- Caregiver Information & Assistance
- Caregiver Discussion Groups
- Public Education

HIICAP

Health Insurance Information, Counseling & Assistance

- Free, unbiased information on supplemental health insurance, Medicare and prescription coverage options.

EISEP

Expanded In-Home Services for the Elderly Program. Sliding Scale Fee

- In-home, non-medical care to help frail individuals age 60+
- In-home assessments & personal care services
- Respite/Social Adult Day Programs
- Consumer Directed Options

HEAP

Home Energy Assistance Program

- Utility subsidy to those 60+ & income eligible

Community Service Programs

- Home Repairs/Housing Counseling
- Legal Services/Neighborhood Advisors
- Senior Center Activities
- Social Work Services
- Referrals for Transportation Options

New York Connects

Information & Assistance On:

- Long-Term Care services & supports - any age and any payer source
- Certified staff will provide Options Counseling to assist families in choosing appropriate, person-centered services

Long-Term Care Resource Center

- Provides on-going, medically based care management for adults & children with disabilities
- Works with Adult Protective to provide nursing assessments
- Works with Medicaid Waiver Programs to provide personal & consumer directed home care services

Nutrition Services

- Nutrition Counseling & Education
- Congregate Meals at County Dining Sites for age 60+
- Home Delivered Meals
- Senior Farmers Market Nutrition Program Coupons

Adult Protection Services

315-435-2915 www.ongov.net/aps

- Serves at-risk adults, who have a physical/mental impairment
- Services to keep persons safe due to their inability to care for themselves or due to neglect/abuse by others