## Finding Your Way With Parkinson's Disease Support and Education Groups



Approximately 60,000 people are diagnosed with Parkinson's Disease every year. As with any diagnosis, understanding your disease is key to successfully maintaining the meaningful activities of your daily life.

Join other patients and families, dealing with Parkinson's Disease, to find and give support, learn from others and to hear informational presentations.

Where: The Hearth at Greenpoint

150 Old Liverpool Road, Liverpool

When: First Monday of each month, 12:00 - 1:30 pm

Or

Where: Brookdale Summerfield

100 Summerfield Village Lane, Onondaga Hill, off Velasko Rd.

When: Second Tuesday of each month, 2:00 - 3:30 pm

Or

Where: The Nottingham

1301 Nottingham Road, Jamesville

When: Third Thursday of each month, 2:00 - 3:30 pm



For information or to sign-up, call Cynthia at: (315) 673-3820, or email at cdstevenson1934@gmail.com