

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Labor Day Agency Closed	Sweet and Sour Chicken with Seasoned Brown Rice Peas with Sautéed Mushrooms Fresh Baked Peanut Butter Cookie	Meatball Sub on a Whole Wheat Sub Roll Italian Green Beans Pineapple Tidbits	Haddock Sandwich Seasoned Brown Rice Creamy Coleslaw with Pineapple Fruited Jell-O with Whipped Topping	Gold Sauce Glazed Pork Cutlet Hinderwade's Creamer Potatoes Summer Squash and Red Bell Peppers Strawberry Ice Cream
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Grilled Marinated Chicken Breast Sandwich on a Whole Wheat Kaiser Shredded Lettuce, Tomatoes & Ranch Dressing Spring Vegetable Soup Fruit and Yogurt Parfait	Home Made Old Fashioned Meatloaf w/ Mushroom Gravy Garlic Red Skin Smashed Potatoes Steamed Broccoli Florets Fruit Cocktail Cup	Sliced Turkey and Spinach on Whole Wheat Kaiser Served with Roasted Red Pepper Spread Potato Medley California Blend Vegetables Tapioca Pudding	Meat Sauce Marinara Over Bowtie Pasta Romaine Salad with Mandarin Oranges served with Poppyseed Dressing Fresh Baked Lemon Cookie	Tuna Salad with Chopped Egg Served on Kaiser with Shredded Lettuce Cream of Cheddar Potato Soup Fresh Watermelon
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Shaved Corned Beef Sandwich on Rye Bread with 1,000 Islands Dressing Marinated Beets Fresh Fruit	Chicken Philly Style Cheese Steak Sandwich with Peppers and Onions Seasoned Potato Wedges Steamed Brussel Sprouts Tropical Fruit Salad	Beef and Bean Taco Salad with Lettuce, Tomatoes, Black Olives, Topped with Sour Cream and Tortilla Chips Mexican Brown Rice Lemon Meringue Pie	Garden Vegetable Lasagna Fresh Spinach Salad with Raspberry Vinaigrette Fresh Sliced Honeydew Melon Fresh Baked Whole Wheat Roll	Gianelli Sweet Italian Sausage Sandwich with Peppers and Onions Italian Blended Vegetables Mandarin Oranges
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Breaded Chicken Breast Filet Served on a Whole Wheat Bun Topped with Sliced Tomatoes and Lettuce Home-style Potato Salad 4 Way Mixed Vegetables Fresh Melon	Sloppy Joe on Whole Wheat Bun Peas and Carrots Seasoned Potato Cubes Applesauce	Ham Served on Whole Wheat Kaiser Topped with Spinach, and Pineapple Mayo Greek Vegetable and Pasta Salad Fresh Orange	Beef Fajita Strips with Sautéed Bell Peppers and Onions Rice and Beans Chocolate Ice Cream	Grilled Chicken and Field Green Salad Classic Minestrone Soup Rainbow Sherbet

**All Meals Include:**

Coffee, tea, milk, bread, and margarine. Menus meet 1/3 of RDA.

Menu is subject to change.

**Eligibility:**

Everyone age 60 and over (spouses under 60 are welcomed).

**Suggested Contribution:**

\$3 Seniors *Any contribution is gratefully accepted; no client is turned away due to an inability or unwillingness to contribute.* / \$6 Guest meal

**Donations/Funding:**

Meals provided by PEACE, Inc. Senior Nutrition Program are funded by: Administration of Community Living, US Dept. of Agriculture, New York State Office for Aging, Onondaga County Office for Aging, and private donations.

## Nutrition Meal Locations & Days

(Lunch is served at Noon) 315.470.3331

**Bob Cecile Senior Center** 315.473.2678  
Mon - Fri 174 W Seneca Tnpk - Syr

**Brighton Towers Apt. Center** 315.469.6919  
Tues & Thurs 821 E Brighton Ave, Syr

**Camillus Senior Center** 315.672.3163  
Mon - Fri 27 First St, Camillus

**Canton Woods Senior Center** 315.638.4536  
Mon, Wed, Fri 76 Canton St, Bville

**Cicero Senior Center** 315.452.3298  
Mon, Tues & Fri 5924 Lathrop Rd - Cicero

**Dewitt Senior Center** 315.470.3331  
Tues & Wed 148 Sanders Creek Pkwy, E Syr

**Dunbar Center** 315.470.3331  
Mon, Wed, Fri 1453 S State St, Syr

**Eastside Family Resource Cent.** 315.470.3325  
Wed & Fri 201 S Beech St, Syr

**Eastwood Community Center** 315.437.4011  
Tues, Wed & Fri 401 S Midler Ave, Syr

**Fay Road Baptist Church** 315.468.2071  
Tues (Closed in summer) 750 Fay Rd, Syr

**Heman Street School Apts.** 315.437.3541  
Mon & Wed 121 E Heman St, E Syr

**Huntington Family Center** 315.476.3157  
Mon - Fri 405 Gifford St, Syr

**Jordan Elbridge Comm. Cent.** 315.689.3431  
Tues (except the first Tues of the month) & Fri  
238 E. Main St, Rt. 31, Jordan

**Limestone Community Center** 315.682.7001  
Mon & Wed 7626 Highbridge Rd, Manlius

**Liverpool Methodist Church** 315.457.5180  
Mon 604 Oswego St, Liverpool

**Magnarelli Cent. McChesney Pk** 315.473.2673  
Mon & Wed 2308 Grant Blvd, Syr

**Marcellus United Methodist Ch.** 315.726.1611  
Thurs 1 Slocombe Ave, Marcellus

**Norstar Apts. Community Rm.** 315.457.4777  
Thurs & Fri 4784 Norstar Blvd, Liverpool

**The Meadows Apartments** 315.635.6125  
Tues & Thurs 3490 Meadowbrier Ln, Bville

**N. Syracuse Community Center** 315.458.8050  
Every 1<sup>st</sup> Thurs of month 700 S Bay Rd, N Syr

**Onondaga Senior Center** 315.469.3259  
Mon - Thurs 4834 Velasko Rd, Syr

**Providence House Apts.** 315.471.8427  
Mon - Fri 1700 W Onondaga St, Syr

**Ross Towers** 315.473.8506  
Mon, Wed, Fri 710-712 Lodi St, Syr

**Salina Civic Center** 315.470.3331  
Mon - Fri 2826 Lemoyne Ave, Mattydale

**Skaneateles Community Center** 315.726.1611  
Wed 97 State St, Skaneateles

**Solvay Masonic Club** 315.726.1611  
Mon 780 Woods Rd, Solvay

**Toomey Abbott Towers** 315.428.0180  
Tues & Thurs 1207 Almond St, Syracuse

**Town of Clay Senior Cent.** 315.652.3800 x137  
Wed 4948 County Rte 31, Clay

**Tully United Community Ch.** 315.696.8066  
Tues 5876 Meetinghouse Rd, Tully

**United Ch. of Christ, Bayberry** 315.470.3331  
Fri 215 Blackberry Rd, Liverpool

**Valley Vista** 315.469.4100  
Wed 122 W Seneca Turnpike, Syr

**Villa Scalabrini Apts.** 315.472.3142  
Tues & Thurs 825 E Willow St, Syr

**Vinette Towers** 315.422.0408  
Tues, Thurs, Fri 907 Pond St, Syr

**Westcott Community Center** 315.478.8634  
Mon - Fri 826 Euclid Ave, Syr

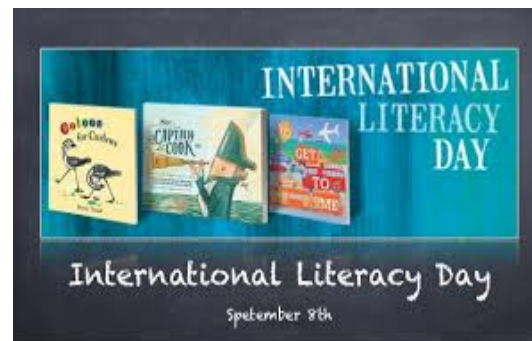
[www.peace-caa.org](http://www.peace-caa.org) 315.470.3331



### Special Date(s) for September 2018

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**WE WILL BE  
CLOSED  
LABOR DAY**



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PEACE Inc.

Administrative Office

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Syracuse, NY 13202-1323

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[www.peace-caa.org](http://www.peace-caa.org)

## 2018 September Menu

*Enjoy a  
freshly prepared  
healthy meal*

PEACE, Inc.  
Senior Nutrition  
315.470.3331