The **SHARP** Project

The *SHARP* Project is a local program designed to assist adults, 55 years of age and older, with counseling and community based services that promote physical and emotional well-being. Counseling is available to participants of the program through office-based or in home telehealth sessions.



Onondaga County Department of Adult & Long Term Care Services



Helio Health

The SHARP Project is a partnership between Onondaga County Department of Adult & Long Term Care Services, AURORA of Central NY, Inc., Liberty Resources and Helio Health. Funding is provided by the New York State Office of Mental Health.

> Contact: *SHARP* Project 315-435-5600 Ext. 5648 www.ongov.net/adult _{8/2018}

Are you age 55, or older? Are you worried about addiction, depression or other mental health issues?

The SHARP Project Can Help!

The Senior Health And Resource Partnership

Project

Contact: *SHARP* Project 315-435-5600 Ext. 5648



What the *SHARP* Project Does

The **SHARP** Project offers:

- Care Management
- Aging Services
- Mental Health Services
- Substance Use Counseling

The goal of the *SHARP* Project is to provide appropriate supports and services that will enable older adults to remain safely in their homes and participate in family and community life.

The **SHARP** Project is sensitive to the needs of older adults and respects individual choice.

Contact: *SHARP* Project 315-435-5600 Ext. 5648

The **SHARP** Project Can Help With:

Ra'Shonda Flowers, Care Coordinator Phone: 315-435-5600, Ext. 5648 Fax: 315-435-5612 Email: rashondaflowers@ongov.net

- ⇒ Mental Wellness Assessments
 - & Counseling
- ⇒ Substance UseAssessments &Counseling
- In Home Telehealth
- ⇒ Aging Assessments & Services
- ⇒ Care Management
- \Rightarrow Home Visits
- → Falls Prevention



