

Four Ways to Register

E-mail cstevenson@ongov.net with "ICare" in the subject line

Phone 435-2362 x140 or x139

Include information requested on the form below.

Fax your registration form to 315-435-3129.

Mail the completed registration form to:
Onondaga County Department of Aging & Youth
I Care Registrations
421 Montgomery Street
John H. Mulroy Civic Center - 13th floor
Syracuse, NY 13202

Class Listings

Stress and Depression

STRESS: Tuesday, 3/16/10, 5:30 pm

Powerful Tools for Caregivers

PTC: 6 Tuesdays, 3/16 - 4/27/10, 4:00 pm

Overcoming Guilt

GUILT: Tuesday, 3/23/10, 5:30 pm

Veterans Benefits for Older Persons

VET: Tuesday, 3/30/10, 2:00 pm

Dementia: Early Detection Matters

EARLY: Thursday, 4/01/10, 5:30 pm

Caregiving and the Aging Process

CARE: Thursday, 4/08/10, 5:30 pm

"Caregivers - The Alzheimer's Project"

MOVIE: Wednesday, 4/14/10, 5:30 pm

Managing Challenging Behaviors of Dementia I

CHALI: Wednesday, 4/21/10, 2:00 pm

Managing Challenging Behaviors of Dementia I I

CHAL2: Wednesday, 4/28/10, 2:00 pm

Men CAN Cook!

MEN: 4 Wednesdays, 4/28 - 05/26/10, 10:30 am

Extreme Challenges in Caregiving

EXTREME: Tuesday, 5/04/10, 5:30 pm

Medicaid Eligibility: Nursing Home Care

ELIG: Tuesday, 05/11/10, 2:00 pm

Alzheimer's 101

ALZ: Tuesday, 5/18/10, 2:00 pm

Medication Management

MED: Thursday, 5/27/10, 5:30 pm

What Happens When You No Longer Can?

CAN: Tuesday, 6/01/10, 5:30 pm

The Buzz on Your Brain

BUZZ: Monday, 6/07 & 6/14/10, 5:30 pm

Legal and Financial Issues Faced by Caregivers

LEGAL: Tuesday, 6/15/10, 5:30 pm

Exercise and Aging

EXER - Monday, 06/21/10, 5:45 pm

Difficult Conversations

CONV: Wednesday, 6/30/10, 2:00 pm

ICare Course Registration

Name _____

Home Phone _____ Work Phone _____

Address _____

City _____ State _____ Zip _____

Email _____ Date of Registration _____

Please indicate the class or classes for which you would like to register:

If you are registering for Powerful Tools for Caregivers (PTC), please include your check or money order for \$30.00 (to cover the cost of course materials) payable to Onondaga County Department of Aging and Youth.
