

Mosquito Bites...

can spread diseases like West Nile Virus (WNV) and Eastern Equine Encephalitis (EEE). Mosquito-borne disease is spread by the bite of an infected mosquito.

Who is Most at Risk?

Adults over 50 years old and children younger than 15 are the most at risk of becoming severely ill from infection.

What are the Signs and Symptoms?

Most people who are infected with WNV or EEE do not develop any signs and symptoms. However, both WNV and EEE are potentially serious illnesses. Signs and symptoms can include:

- Headache
- High fever
- Chills
- Vomiting
- Body aches
- Nausea
- Disorientation
- Seizures
- Coma
- Neck stiffness
- Tremors (shaking)
- Muscle weakness
- Vision loss
- Paralysis

CONSULT YOUR HEALTHCARE PROVIDER IF YOU DEVELOP ANY OF THESE SIGNS AND SYMPTOMS.

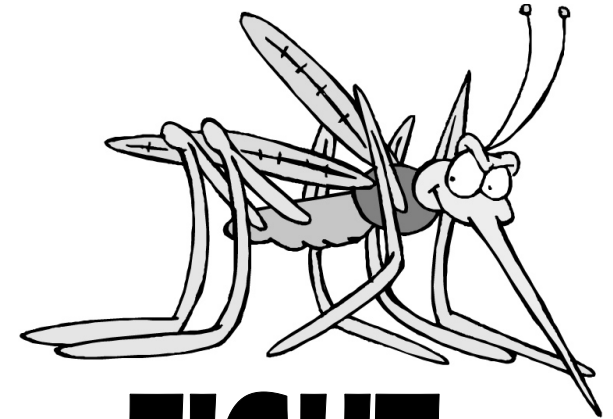
Mosquito Repellent Tips

- Always follow the label directions to ensure proper use.
- Do NOT allow children to handle repellent. Put a small amount of repellent on your hands and apply it to your child.
- Use just enough repellent to cover exposed skin.
- Do NOT use repellents under your clothing.
- Do NOT spray repellent directly on your face, especially near the eyes or mouth.
- Apply repellent sparingly near the ears.
- Do NOT use repellent on cuts, wounds, or irritated skin.
- Do NOT spray repellent in enclosed areas.
- After returning indoors, wash treated skin with soap and water.
- If you suspect a reaction to a repellent, wash the treated skin with soap and water and contact your local poison control center.

Onondaga County Health Department



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FIGHT the BITE

**Mosquito-Borne Diseases:
West Nile Virus and EEE**

Protect yourself and others:

- **Avoid mosquito bites**
- **Clean up breeding sites**

**Onondaga County
Health Department**

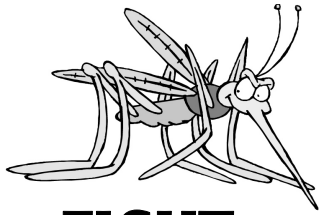
435-1649

www.ongov.net/health

www.cdc.gov/westnile

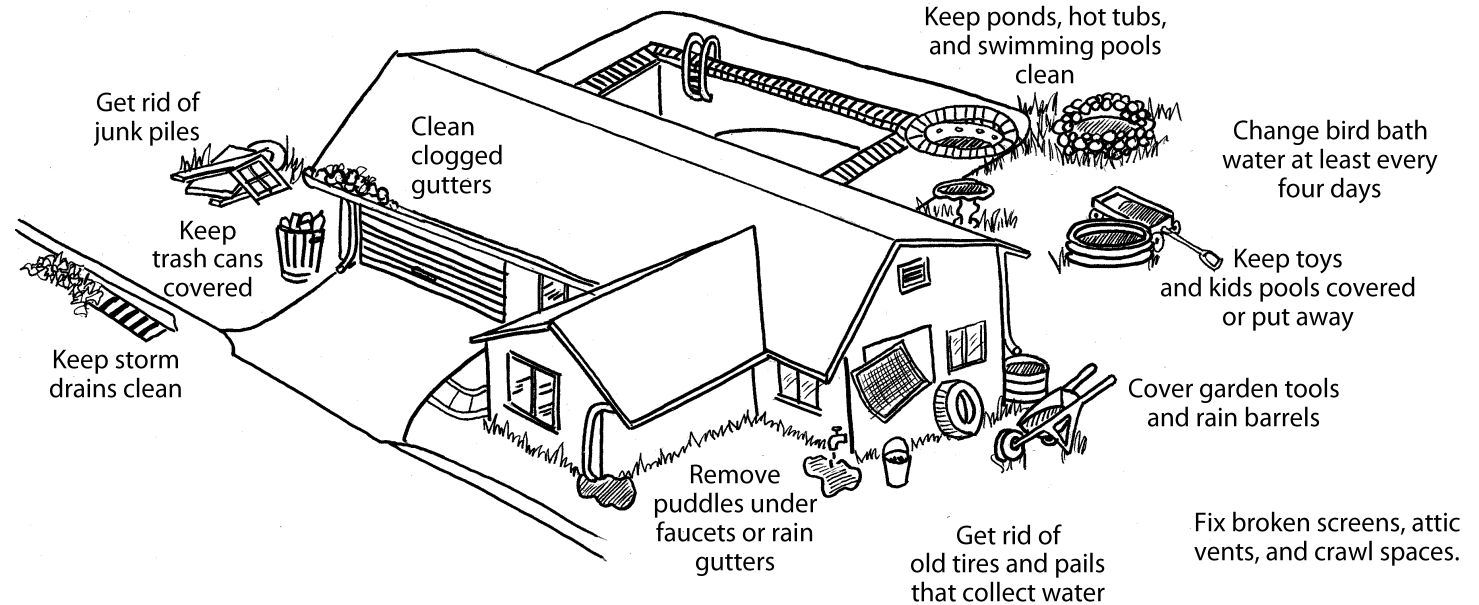
www.cdc.gov/eee

Clean Up Mosquito Breeding Sites...



FIGHT the
BITE

**Mosquito proof
your home!**



Protect Yourself From Mosquito Bites...

Get rid of water!

- Mosquitoes need water to multiply. Get rid of any standing water around your home.

Don't let them in!

- Make sure all windows and doors have screens. Repair any broken screens.

Protect yourself when outdoors!

- Mosquitoes are most likely to bite at dusk and dawn. If you spend time outdoors during these hours, wear long pants, a long-sleeved shirt, shoes, and socks. Spray clothing and shoes with products containing permethrin.

Use repellent!

- Use an EPA-registered insect repellent. Repellents containing DEET, Picaridin, IR3535, and some oil of lemon eucalyptus and para-menthane-diol products provide longer-lasting protection. See the back of this brochure for tips on how to protect yourself from mosquito bites by using repellent.

**For more information about
West Nile Virus or EEE, contact the
Onondaga County Health Department's
Division of Environmental Health**

435-1649

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