

## Keep Your Child Safe from Lead...

- Take your child to the doctor or clinic for any blood lead testing that he or she needs.
- Keep your child away from areas that have peeling, flaking, or chipping paint.
- Until work can be done, wet wipe paint chips with a wet paper towel. Wet wipe walls and windowsills and wet mop floors. Throw the used wipes away in the trash. Do not vacuum or sweep the paint chips. After the work is done, continue to wet clean/mop.
- Use a door mat and remove shoes at the door.
- Wash your child's hands and toys often, especially before eating and napping.
- Use cold water for cooking and mixing formula. Let the water run first.
- Feed your child healthy foods that are high in iron, calcium, and vitamin C.

## Healthy Foods

Feeding your child healthy foods that are high in iron, calcium, and vitamin C can help keep lead from staying in your child's body.

### Foods with iron:

- Beans
- Lean meat
- Fortified cereal
- Peanut butter

### Foods with calcium:

- Milk
- Cheese
- Yogurt
- Tofu
- Green leafy vegetables

### Foods with vitamin C:

- Oranges
- Orange juice
- Grapefruit
- Tomatoes
- Green peppers

**Onondaga County  
Lead Poisoning Control Program**  
[www.ongov.net/health/lead/](http://www.ongov.net/health/lead/)  
**435-3271**

Onondaga County Health Department



[www.ongov.net/health](http://www.ongov.net/health) • [facebook.com/ongovhealth](https://facebook.com/ongovhealth)

# How can work being done on my home hurt my family?



## Protect your child from lead poisoning

Onondaga County  
Lead Poisoning Control Program  
**435-3271**

## Why is work being done on my home?

Lead paint hazards have been found in your home. Your landlord is going to fix the lead hazards. The work to be done may remove peeling, flaking, or chipping lead paint. This could turn the lead paint into lead dust which could make your children sick if they get it into their mouth.

## Will I need to leave my home?

When the work starts you may be asked to leave the house to protect you and your children from the lead hazards. Any time old paint is being worked on, the children should not be in the home. The landlord and workers will decide how long you will need to stay out of the house.

## Why can't I stay in the house when the work is being done?

Lead dust is very fine and you cannot see it. The lead dust can get on your child's toys and fingers. Lead dust can get into your child's body if the toys or fingers are then put into his or her mouth.



## When will the work start?

Only the landlord or workers can tell you when the work will start. It is up to you to make sure that you and your children can be out of the house when the work is being done.

# "Why can't I stay when the work is being done?"



## "When can I go back home?"

You can only go back to the house when the required work and cleanup are done and your landlord says it is safe to go home.

## Questions?

Call the Lead Program at

**435-3271**

or visit:

[www.ongov.net/health/lead/](http://www.ongov.net/health/lead/)