



Serving Cayuga, Cortland, Jefferson, Lewis, Madison, Onondaga, Oswego and Tompkins Counties

# Central New York Medical Reserve Corps 2017 Annual Report

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## Overview of the Central New York Medical Reserve Corps

The Central New York Medical Reserve Corps (CNYMRC) is an eightcounty regional volunteer program. Our mission is to recruit, train, and organize healthcare and support professionals to enhance existing public health and emergency response capabilities during times of crisis.

The CNYMRC is an active participant in preparedness and response activities in the Central New York region. The CNYMRC is housed within County Health Departments with the Onondaga County Health Department as the lead agency. The CNYMRC partners with Departments of Emergency Management, the American Red Cross, hospitals, and other community organizations in our region.



The CNYMRC provides training opportunities to its volunteers in the form of online, in-person, and in the field training. Trainings address all aspects of disaster preparedness with an emphasis on mass prophylaxis, hospital operations, and mass casualty events across the region. The goal is to increase the capacity of CNYMRC volunteers to prepare for and respond to public health and emergency response needs within the region.

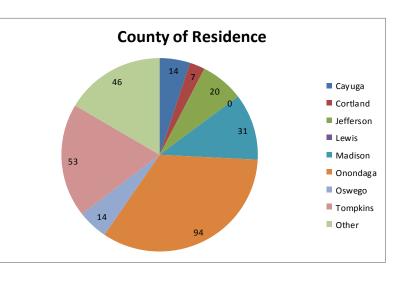
The CNYMRC's participation in community events throughout our region enhances team building within the unit while assisting community partners with executing their events.

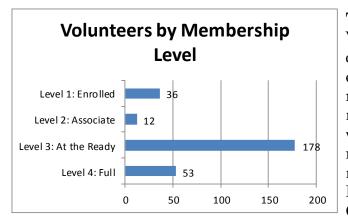
### 2017 CNYMRC Membership

As of December 31, 2017 the CNYMRC has 279 registered volunteers: 137 (or 49%) are healthcare volunteers and 142 (or 51%) are support volunteers. Almost all (233 or 84%) volunteers reside in the CNYMRC counties. The remaining 46 reside in contiguous counties or attend college in our region while permanently residing elsewhere.

#### **Professions Represented:**

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Dentist	1
EMS Professional	11
Mental Health/Counselor	7
Nurse	75
Nurse Practitioner	15
Other Public Health/Medical	8
Pharmacist	6
Physician	8
Physician Assistant	3
Respiratory Therapist	1
Support	142
Veterinarian	2
TOTAL MEMBERSHIP:	279





The CNYMRC has four membership levels. Volunteers at Levels 1 and 2 are encouraged to complete required training within the first year of enrollment. Those who are unable to complete the required training in the first year of membership must recommit to the unit and complete training within the second year. Any volunteer who has not completed training within the first two years may be removed from the roster. Volunteers in Levels 3 and 4 have completed required training. Of the unit's 279 volunteers, 231 (or 89%) have

completed required courses allowing these volunteers to assist during a crisis as well as participate in drills and exercises in accordance with their healthcare licenses. Fifty-three unique volunteers participated in unit activities in 2017, keeping or achieving Level 4 Full Membership.

## 2017 CNYMRC Unit Activities

During 2017, CNYMRC volunteers participated in 32 unit activities in our region. Volunteers amassed 380 hours valuing \$10,102 (based on DCVMRC Economic Impact values).

Administration activities included Leadership Committee meetings.

Community Events included the Lake Effect Half Marathon, Race for the Cure, Syracuse Ironman, and the Salvation Army Christmas Bureau.

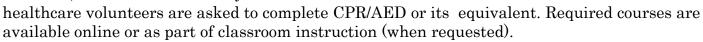
Drills and Exercises included communications drills and Point of Distribution (POD) exercises with health departments, Syracuse University, and Ithaca College.

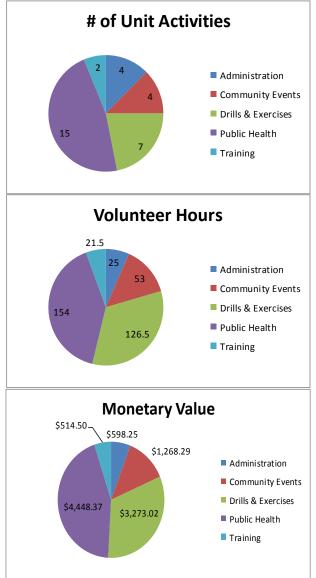
Public Health activities included public health responses (measles exposure and mumps outbreak) and rabies vaccination clinics.

Training included required unit activity training and supplementary training.

#### **Required Training**

All CNYMRC members are asked to complete the following training: 1) Unit Orientation, 2) Personal Preparedness, 3) Psychological First Aid, 4) IS-700, National Incident Management System (NIMS), and 5) IS-100, Incident Command System (ICS). All





### Proposed 2018 CNYMRC Unit Activities

An example of proposed unit activities for 2018:

Administration:

\* Leadership Committee Meetings

Community Events:

- \* Lake Effect Half Marathon
- \* Komen Race for the Cure
- \* Syracuse Ironman
- \* Salvation Army Christmas Bureau
- \* You Are the Help Presentations

Exercises:

- \* Point of Distribution (POD) exercises with Health Departments
- \* POD exercises with partners
- \* Other exercises as partnerships develop

Public Health:

- \* Rabies Vaccination Clinics, when requested
- \* Influenza Vaccination Clinics, when requested
- \* Preparedness Education
- \* Other public health activities, when requested

Training:

- \* Required Courses Training Days, through partnership development and as needed
- \* You Are the Help Presenter Training, as needed
- \* Point of Distribution (POD) training, when offered
- \* Regional Training Center courses, when offered
- \* Other training courses, when offered