

CNY REGIONAL

**Medical Reserve Corps**

Serving Cayuga, Cortland, Jefferson, Lewis, Madison, Onondaga, Oswego and Tompkins Counties



# Central New York Medical Reserve Corps 2018 Annual Report

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Lead Agency: Onondaga County Health Department  
Month/Year: January-December 2018

# Overview of the Central New York Medical Reserve Corps

The Central New York Medical Reserve Corps (CNYMRC) is an eight-county regional volunteer program. Our mission is to recruit, train, and organize healthcare and support professionals to enhance existing public health and emergency response capabilities during times of crisis.

The CNYMRC is an active participant in preparedness and response activities in the Central New York region. The CNYMRC is housed within County Health Departments with the Onondaga County Health Department as the lead agency. The CNYMRC partners with Departments of Emergency Management, the American Red Cross, hospitals, and other community organizations in our region.



The CNYMRC provides training opportunities to its volunteers in the form of online, in-person, and in the field training. Trainings address all aspects of disaster preparedness with an emphasis on mass prophylaxis, hospital operations, and mass casualty events across the region. The goal is to increase the capacity of CNYMRC volunteers to prepare for and respond to public health and emergency response needs within the region.

The CNYMRC's participation in community events throughout our region enhances team building within the unit while assisting community partners with executing their events.

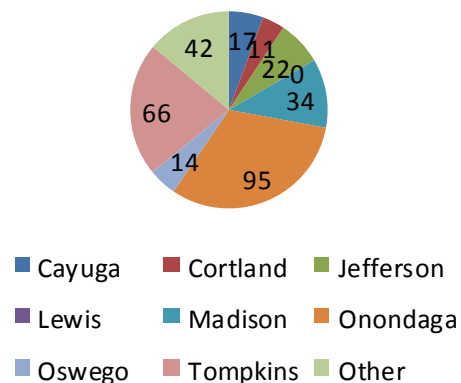
## 2018 CNYMRC Membership

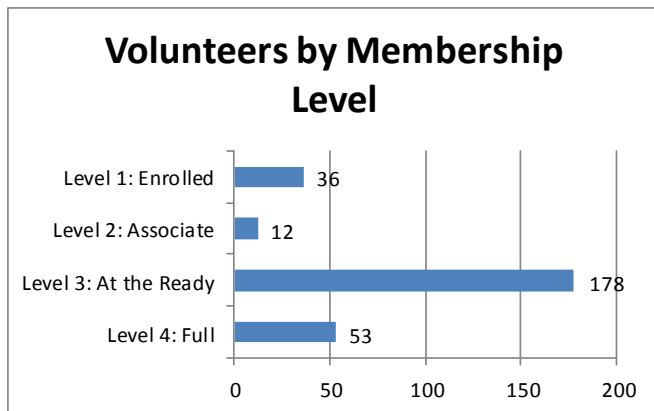
As of December 31, 2018 the CNYMRC has 301 registered volunteers: 151 (or 50%) are healthcare volunteers and 150 (or 50%) are support volunteers. Almost all (259 or 86%) volunteers reside in the CNYMRC counties. The remaining 42 reside in contiguous counties or attend college in our region while permanently residing elsewhere.

### Professions Represented:

Dentist	1
EMS Professional	11
Mental Health/Counselor	7
Nurse	83
Nurse Practitioner	17
Other Public Health/Medical	8
Pharmacist	7
Physician	9
Physician Assistant	5
Respiratory Therapist	1
Support	150
Veterinarian	2
<b>TOTAL MEMBERSHIP</b>	<b>301</b>

### County of Residence





The CNYMRC has four membership levels. Volunteers at Levels 1 and 2 are encouraged to complete required training within the first year of enrollment. Those who are unable to complete the required training in the first year of membership must recommit to the unit and complete training within the second year. Any volunteer who has not completed training within the first two years may be removed from the roster. Volunteers in Levels 3 and 4 have completed required training. Of the unit's 301 volunteers, 225 (or 75%) have

completed required courses allowing these volunteers to assist during a crisis as well as participate in drills and exercises in accordance with their healthcare licenses.

## 2018 CNYMRC Unit Activities

During 2018, CNYMRC volunteers participated in 31 unit activities in our region. Volunteers amassed 358.5 hours valuing 8,872.10 (based on DCVMRC Economic Impact values).

Administration activities included Leadership Committee meetings.

Community Events included the Lake Effect Half Marathon, Race for the Cure, Syracuse Ironman, Syracuse University POD, and Salvation Army Christmas Bureau activities.

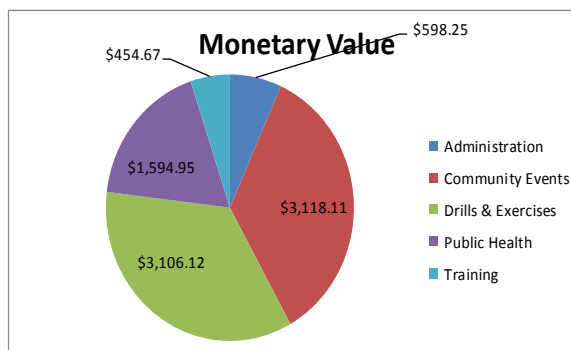
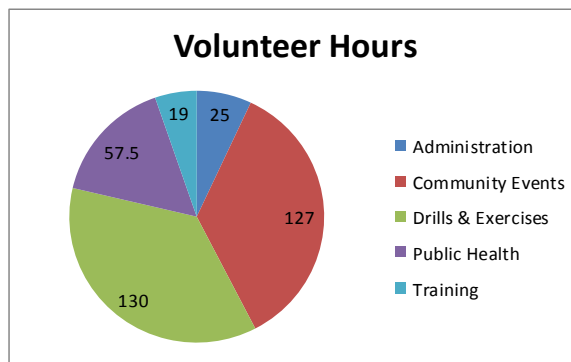
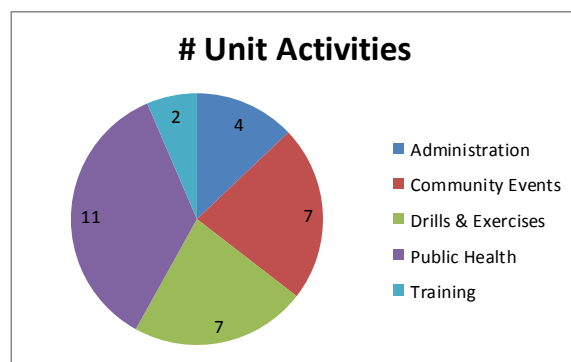
Drills and Exercises included communications drills and Point of Distribution (POD) exercises with health departments, and Ithaca College.

Public Health activities included rabies vaccination clinics.

Training included required unit activity training and supplementary training.

### Required Training

All CNYMRC members are asked to complete the following training: 1) Unit Orientation, 2) Personal Preparedness, 3) Psychological First Aid, 4) IS-700, National Incident Management System (NIMS), and 5) IS-100, Incident Command System (ICS). All healthcare volunteers are asked to complete CPR/AED or its equivalent. Required courses are available online or as part of classroom instruction (when requested).



# Proposed 2019 CNYMRC Unit Activities

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An example of proposed unit activities for 2019:

## Administration:

- \* Leadership Committee Meetings

## Community Events:

- \* Lake Effect Half Marathon
- \* Komen Race for the Cure
- \* Salvation Army Christmas Bureau and related events
- \* You Are the Help Presentations

## Education:

- \* Quarterly lecture series

## Exercises:

- \* Point of Distribution (POD) exercises with Health Departments
- \* POD exercises with partners
- \* Other exercises as partnerships develop

## Public Health:

- \* Rabies Vaccination Clinics, when requested
- \* Influenza Vaccination Clinics, when requested
- \* Preparedness Education
- \* Other public health activities, when requested

## Training:

- \* Required Courses Training Days, through partnership development and as needed
- \* You Are the Help Presenter Training, as needed
- \* Point of Distribution (POD) training, when offered
- \* Regional Training Center courses, when offered
- \* Other training courses, when offered