Spring 2011

Volume 3, Issue 2

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Disaster Notification

In times of crisis, the CNYMRC may be called upon to support response or recovery efforts. An Emergency Operations Center (EOC) is opened by the county's Emergency Management Office. The EOC is staffed by the many entities that become involved in responding to or recovering from the crisis. The EOC requests the CNYMRC through the Onondaga County Office of Emergency Management (OEM) The Onondaga County OEM forwards the activation request to the Onondaga County Commissioner/Deputy Commissioner of Health, who forwards the request to the CNYMRC Coordinator. This activation request includes the information needed to respond—what roles need to be filled, where, when, for how long, who to report to, what supplies are needed, etc.

ServNY is used to notify CNYMRC members based on the information in the request. Only those members fitting the requested criteria are notified. In times of crisis the notification would be by telephone. Volunteers receive a phone message from ServNY which explains the request and provides a phone number to call for further information. Email may also provide further information. As a volunteer, it is your choice whether you are able to respond to the crisis. Regardless of whether you can take part in the response, it is very

important to acknowledge the notification. Acknowledgement signals the system that you have received the call and prevents it from further trying to reach you. ServNY may also be used to provide informational updates when the unit is on hold for a mission.

General Emergency Notification

Ever think it would beneficial to know of a road closure before you go that way or know of storms before they hit? Here are two notification systems that can help keep you informed of where emergency situations may be.

NY Alert www.nyalert.gov

NY Alert sends an alert via email and text about road closures, flooding events, and more. You choose the areas you want to be notified for.

National Weather Service

www.nws.noaa.gov

The National Weather Service also sends email and text messages about warnings and watches for storms and flooding.

CNYMRC Unit News

Madison County Hosts Volunteer Recruitment Information Sessions

The CNYMRC's newest member county held a volunteer recruitment campaign during January to spark interest in the CNYMRC in Madison County. The campaign culminated in two orientation sessions held at the Madison County Health Department. Thank you to Jennifer McGohan of the Madison County Health Department for her efforts on behalf of the CNYMRC.

Meetings with Potential Partners and Stakeholders in CNYMRC Counties

The CNYMRC Coordinator met with potential partners in Cortland and Madison counties. The meetings introduced the CNYMRC to the organizations and started dialogue on how the CNYMRC might be of assistance.

In Cortland County, the coordinator met with the Health Department, the American Red Cross, the Cortland Regional Medical Center, the Retired and Senior Volunteer Program (RSVP), and the Cortland County Office of Emergency Management.

In Madison County, the coordinator met with the Health Department, the American Red Cross, and the Oneida Healthcare Center.

Among topics discussed were the need for special medical needs shelters in mass care shelters, personal preparedness campaigns, alternate care facilities, public events, and volunteer recruitment.

Many heartfelt thanks to our liaisons— Mary Jane Uttech in Cortland County and Jennifer McGohan in Madison County—for arranging the meetings.

Similar meetings will take place throughout the CNYMRC counties during 2011. The goal is to develop strong ties so that the CNYMRC is requested when needed during times of crisis as well for other non-emergency roles that are part of our mission.

From Your Coordinator...

Some of you may be wondering why you received this newsletter twicethrough my personal email and as an informational email sent from ServNY. Or you may be wondering why it seems you didn't receive information during the first three months of the year. If you receive this newsletter through the postal system, you may be wondering why you don't receive much at all. Here are answers to your questions.

During the first three months of 2011, I used ServNY exclusively for sending out information and requests. I wanted to see how many unit members would open an email and confirm its receipt. testing its effectiveness. Using ServNY to share information with CNYMRC members is very important. Not only does it get information out to all our members, it helps our members get used to what an email notification during a crisis would look like. The confirmation rates for receiving email notifications have been low, 10-18%. This rate may be underestimated if people are not confirming receipt of the email.

When you receive an email via

ServNY, the sender is Central New York MRC. If the email is sent for a specific county, the sender address will also include the sending county (i.e., Lewis County/Central New York MRC). When you open the email, the first line is bright blue and asks you to "Click here when you are ready to confirm receipt of the email." Below that is the actual message. If there are any attachments, they will be at the very bottom of the email, after the "Important Notice" statement. It is very important to confirm receipt of the email as it is the only way we know for sure that you received it.

If you receive your newsletter through postal mail it is because I do not have an email on file for you. This makes keeping you informed much more challenging. If you have an email, please send an email to cnymrc@ongov.net and I will add it to your record. Your email is used only for informational purposes—no spam.

The other form of communication is telephone notifications via ServNY. This system would initially be used during a crisis. Sometime during the Spring, the CNYMRC will conduct a

communications drill via telephone. It will be unannounced but will take place during regular business hours. When you receive the phone call, remember to press "9#" after the message plays. It confirms receipt of the call and prevents the system from further trying to reach you. The system will call each telephone number you provided up to three times unless you confirm receipt. If someone else typically answers your phone, you may want to inform them of what to do and to pass the message on to you.

Effective communication is important, especially during a crisis. While we get used to using ServNY, I am using additional means-my email and postal mail—to communicate. My goal is to utilize ServNY as our main communications system, hopefully by year end.

Happy Spring! Be vigilant and stay

Your CNYMRC Coordinator, Bobbi Alcock

Unit Requested for Rabies Clinics

Onondaga County Health Department Thursday April 14 Division of Environmental Health is asking for CNYMRC assistance with nine public rabies vaccination clinics. Medical volunteers are needed to draw vaccine. Volunteers are also needed to complete vaccination certificates and direct traffic.

The clinics accept pets, such as dogs, cats, ferrets and the occasional goat, in need of rabies vaccination. Each clinic vaccinates 150-300 animals. Rabies clinics reduce the spread of rabies in our community by preventing pets from contracting the disease if bitten. Volunteers are essential in providing these clinics to the community

The clinics are 5:00-7:00 p.m. Volunteers are requested to report by 4:45. The clinics are:

Meachem Ice Rink, 121 West Seneca Turnpike, Syracuse (FULL)

Thursday May 5

Town of Clay Highway Garage, 4483 Route 31, Clay (1 medical needed)

Thursday June 9

Camillus Town Hall, 4600 W. Genesee Street, Camillus (1 medical needed)

Thursday June 23

Meachem Ice Rink, 121 West Seneca Turnpike, Syracuse (FULL)

Thursday July 14

Alliance Bank Stadium, 1 Tex Simone Drive, Syracuse

Thursday August 4

Village of Minoa DPW, 100 Kalin Drive, Minoa

Thursday August 18

St. Lucy's Church, 432 Gifford Street, Syracuse (1-2 Spanish translators requested)

Thursday September 22

Marcellus Fire Dept., 4242 Slate Hill Road, Marcellus

Thursday October 6

Beaver Lake Nature Center, East Mud Lake Road, Baldwinsville

Coordinator's Note: If you are able to volunteer at any of the clinics, email cnymrc@ongov.net with date and duty request. Please bring snack and beverage, if needed, as dinner is not provided.

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CNYMRC Unit Training News

FEMA offers on-line courses that are beneficial to the CNYMRC as awareness courses. The following supplemental on-line courses that may be of interest to you:

IS-7: A Citizen's Guide to Disaster Assistance

Training.fema.gov/EMIWeb/IS/is7.asp

IS-10.a: Animals in Disasters: Awareness and Preparedness

Training.fema.gov/EMIWeb/IS/is10a.asp

IS-20.11: Diversity Awareness

Training.fema.gov/EMIWeb/IS/is20.11.asp

IS-26: Guide to Points of Distribution

Training.fema.gov/EMIWeb/IS/is26.asp

IS-101.a: Deployment Basics

Training.fema.gov/EMIWeb/IS/is101a.asp

IS-346: An Orientation to Hazardous Materials for Medical Personnel

Training.fema.gov/EMIWeb/IS/is346.asp

New Chymrc members

Welcome to our new CNYMRC members! These members joined via ServNY between January 1-March 31, 2011. The county listed is their county of residence.

Donald Brooker, Respiratory Therapy Technician, Oneida Nicole Elder, EMT, Broome Robert Gilman, Registered Nurse, Onondaga Lisa GreenPope, Non-Healthcare, Rensselaer Carrie Manning, Pharmacist, Lewis Raina Olexa, Non-Healthcare, Onondaga Jasjeet Singh, M.D., Westchester/Fort Drum Deborah Starczewski, Non-Healthcare, Onondaga Jennifer Yolles, M.D. Psychiatry, Onondaga

Unit News (continued)

Preparedness Presentation Ready for CNYMRC Members

Personal preparedness is a mission of the CNYMRC, not only for members but for the community-at-large. Awareness of hazards and the steps residents can take to prepare themselves for disaster increases a family's and the community's ability to recover. CNYMRC members can help spread the message by offering personal preparedness presentations to community groups. Consider the groups you already interact with—work, school, church, community or professional organizations. If you are interested in "spreading the word," ask to present at an upcoming meeting. Presenting counts toward fulfilling a public health non-crisis activity.

The presentation is ready and can be requested at cnymrc@ongov.net. Training is mandatory prior to presenting on your own. Dates and times are listed in the **Calendar of Events**.

Happy Birthday

April

Lori Anderson • Carolyn Backes John Bezirganian · Keith Brandis Dave Bregard • David Canfield Ray Caprin • Jennifer Carey Anna Cruikshank · Alicia de Jong Anna DeWitt · Anthony DiGiovanna Mary Doss · Denise Fontana Gayanna Gilbraith · Geri Hall Sharon Jasek · Rodney Kester Katherine McCarthy · Charlie Miller Gracia Moulan · Patrick Poirier Janet Rasbeck • Brian Richardson Daniel Root • Adrienne Ruzic Diane Snyder • Elana Sukert Michele Wilson • Han Woo **Pollyann Young**

Mau

Sheila Aylesworth Jonathan Braiman June Chamberlin • Dawn Conlev Jeanne Dolly · Robert Fluck Brenda Geloff · Linda Graves William Hoff • Andrew Innerfield Jinny Jones · Sheila Kirby Niurka LaRosa · James Loehr Elaine Lostumbo • Steven Magargle Patricia Maslak · Peg Maxwell Barbara McNiff • David O'Brien Jr. Daniel Pauls • Roxanne Richardson Jamla Rizek • Michael Shaw Arlethia Smith · Jeffrey Sneider William Spearance Tammy Stewart • Tiffany Ticker Jon Valdina · Leigh Wilson

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Donna Berthoff • Cynthia Bright
Tracy Brown • Derek Cooney
Christal Deline • Kathy Der
Wanda Fremont • Brenda Green
Megan Grosso • Mora Harris
Joann Hirsch
Susan Kerns-Robinson • Gerry Levy
Janet Lottermoser
Kathleen Meadows
Colleen O'Leary • Gina Rapp
Theresa Tighe • Beverly Todd
Dan Vick • Alta Watkins
Michael Williamson • Karen Ziomek
Bob Zysk

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Hospital Mass Casualty Exercise: Upstate Hospital in Onondaga County is requesting the CNYMRC to act as patients as part of their participation in a regional mass casualty exercise. Parking is in the Upstate Garage on Adams St., Syracuse. Bring parking stub in to validate. Wear comfortable clothes. If interested in participating, contact the coordinator at cnymrc@ongov.net or (315) 435-5262 by April 5. Thursday, April 7, 7:15-10:00 a.m. Meet in the hospital lobby.

CNYMRC Orientation: Meet your coordinator and fellow volunteers while getting an overview of the CNYMRC—what it is, your role in the MRC, and the MRC's role in the community. The orientation is required to begin your work with the CNYMRC, so attend a session as soon as possible. Do you know someone who might be interested in joining the CNYMRC? Ask them to join in!

Webinar:

Saturday May 7, 11:00 a.m.-12:00 noon (meeting.syntela.com Meeting ID: 8436813)*** Tuesday June 7, 6:00-7:00 p.m. (meeting.syntela.com Meeting ID: 9984075)***

CNYMRC Training Conference: This one-day training class covers orientation and four of the five required training courses—personal preparedness, psychological first aid, IS-100, and IS-700. Need only a couple of the courses? Come for what you need! The class is free but lunch is on your own. Contact the coordinator at cnymrc@ongov.net to register.

Onondaga County: Tuesday May 17, 8:30 a.m.-4:30 p.m. Onondaga County Health Department, 9th Floor—Civic Center, 421 Montgomery Street, Syracuse, 13202. Parking available at OnCenter parking garage adjacent to the Convention Center. See attached flyer for further information.

CPR Courses:

Below is the contact information for the American Red Cross CPR courses. The CNYMRC reimburses up to \$40 for the course with successful completion and receipt of course fee.

Cayuga County: by calling 315-252-9596

Cortland County: cortland.redcross.org or by calling 607-753-1182

Jefferson/Lewis Counties: www.redcrossnny.com or by calling 315-782-4410 **Madison County:** www.madisononeidaredcross.org or by calling 315-363-2900

Onondaga/Oswego Counties: www.syrarc.org

Tompkins County: www.tompkins-redcross.org or by calling 607-273-1900

Personal Preparedness Presentation Training

Are you interested in talking about personal preparedness to groups you are involved with? This training will go over *Personal Disaster Preparedness: Are You Ready?* before you begin making presentations. All trainings are in webinar format.

Thursday April 14, 2:00-3:00 p.m. (meeting.syntela.com Meeting ID: 9102982)*** Thursday April 28, 6:00-7:00 p.m. (meeting.syntela.com Meeting ID: 4519740)*** Tuesday May 24, 5:00-6:00 p.m. (meeting.syntela.com Meeting ID: 7370376)***

Communications Drill

During Spring, the CNYMRC will conduct a telephone communications drill via the ServNY notification system. This drill will be unannounced but during regular working hours. When you receive the call, make sure you press "9#" at the end of the message. This will confirm receipt of the message and stop the system from further trying to reach you.

***Webinar-format Training: You do not need to pre-register. Go to the web site listed. The Meeting ID is entered on the right side. No software needs to be downloaded. The telephone number is provided when you join the meeting.

CNY Medical Reserve Corps

Lead Agency:

Onondaga County Health Department 421 Montgomery Street

Syracuse, NY 13202 Phone: (315) 435-5262 Fax: (315) 435-3613 E-mail: cnymrc@ongov.net

E-mail: cnymrc@ongov.net Web: www.ongov.net/health/mrc **Update your profile @ ServNY:** Has your contact information changed since registering with the CNYMRC? Would you like to receive unit information by email but currently don't? Have you acquired certifications or skills in the past year? If so, it is time to update your profile. You can do so by contacting the coordinator at cnymrc@ongov.net or (315) 435-5262. An up-to-date profile is important for easy communication as well as being utilized to the best of your abilities!

Do you want to know what meetings and trainings are occurring? Do so easily with the **CNYMRC on-line calendar**. For up-to-date information on unit events and trainings, go to **www.ongov.net/health/mrc**.

Central New York Medical Reserve Corps



Training Conference

Tuesday May 17, 2011 8:30 a.m.-4:30 p.m.

Location: Onondaga County Health Department

John H. Mulroy Civic Center (9th Floor Conference Room)

421 Montgomery Street, Syracuse

Parking provided in OnCenter garage, corner of State and Adams

Schedule of Courses

8:30-8:45 Check-In (unless attending later course)

8:45-9:30 **CNYMRC Orientation**

9:40-10:30 Personal Preparedness

10:40-11:30 Psychological First Aid

11:30-12:30 Lunch (on your own, cafeteria available in building)

12:30-4:00 IS-700a and IS-100a

4:00-4:30 CNYMRC ID Badges/T-shirt Distribution

CENTRAL NEW YORK MEDICAL RESERVE CORPS

Lead Agency:

Onondaga County Health Department

421 Montgomery Street Syracuse, NY 13202

Office: (315) 435-5262 Cell: (315) 380-3488 Fax: (315) 435-3613

E-mail: cnymrc@ongov.net

Have you yet to complete your required courses? Would you like to achieve Active status in the CNYMRC? This one-day training option helps you to complete four of the five required courses to achieve Active status in the CNYMRC. If you do not need all the courses, come for the ones you do!

COST: FREE!

RSVP: By Friday May 13

Training to Serve Our Communities

Side Benefit: Quicker notifications of unit activities and training.

Send an email to cnymrc@ongov.net To receive future editions of this newsletter electronically.

GO GREEN...

Serving Cayuga, Cortland, Jefferson, Lewis, Madison, Onondaga, Oswego and Tompkins Counties





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Public Health Preparedness • CNYMRC
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Syracuse, NY 13202

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