

Is This Right For You?

- Are you eligible for Medicaid?
- Are you eligible for, or currently receiving, personal care services?
- Has your doctor seen you in the past 30 days?
- Does your doctor say you are medically stable, i.e., you will not require a nurse to visit & update your care plan due to changing conditions?
- Is your doctor willing to write an order for services based on your medical diagnosis and health care needs?

Are You Self-Directing?

- Do you have the desire, and ability, to make healthy lifestyle choices?
- Can you organize your environment to carry out these choices?
- Do you know the consequences of your actions?
- Are you willing to be responsible for them? If not, is there another adult who can fill all of these self-directing roles?

The Consumer Directed Program offers greater flexibility and freedom of choice in obtaining medically necessary care. It operates under the regulations of the New York State Department of Health.

County of Onondaga



Joanne M. Mahoney
County Executive

Lisa D. Alford, MA,
Commissioner
Department of Adult &
Long Term Care Services

Department of Adult & Long Term Care Services Resource Center

421 Montgomery Street, 5th floor
Syracuse, NY 13202

Phone: 315-435-1400
NY Connects of Onondaga County
Fax: 315-435-5612

Website:
www.ongov.net/ltc

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Consumer Directed Personal Assistance Program



Department of Adult & Long Term Care Services Resource Center

Phone: 315-435-1400
NY Connects
of Onondaga County

General Information

The Consumer Directed Personal Assistance Program, or CDPAP, is a state Medicaid program.

To Qualify, the Consumer Must:

Be eligible for Medicaid, AND

Have a **medical need for help with Activities of Daily Living (ADLs)** or skilled nursing service, AND

Have a **stable medical condition**, i.e., one that is not expected to show marked deterioration or improvement and that does not require frequent medical judgment to determine changes in the care plan, AND

Need **services** that can be **provided by a personal care aide (home attendant), home health aide, or nurse**, AND

Identify self or another person as being **ready, willing, and able to assume full responsibility** for hiring, training, supervising, and if need be, terminating the employment of persons providing the services, AND

Be examined by their doctor in the past 30 days. The doctor must also send a **Recommendation for Services** to the Resource Center before services can start or continue.

Consumer's Responsibilities:

1. Work with Resource Center staff to complete initial assessments used to determine the service needed.
2. Recruit, hire, train, supervise, schedule, and if necessary, terminate the attendant.
3. Arrange back-up coverage when the regular attendant is not available.
4. Check and sign the attendant's timesheets.
5. Complete reassessment of the need for services every 6 months with Resource Center staff.
6. Report changes in health status (e.g., admission to a hospital) to the Resource Center and vendor agency.

Medicaid *Cannot* Pay:

Attendant services provided by a consumer's spouse or designated representative.

Safety supervision as a stand-alone function while no task is being performed.

What Is Self-Directing?

Consumers must be **self-directing**, i.e. able and willing to make informed choices about the management of the services they receive.

If the client does not meet the criteria to be self-directing, they may designate a "self-directing other," e.g., a legal guardian or another adult.

The **self-directing other** must show that they are able and willing to maintain thorough and willing contact with the consumer in order to ensure that the consumer is receiving reliable, quality care. This is **not** a paid position.

How Do I Get Started?

Call to arrange a home visit from the Resource Center by calling NY Connects of Onondaga County at 315-435-1400. Staff will provide a nursing and social assessment to recommend any services needed. They will also get the doctor's recommendation.