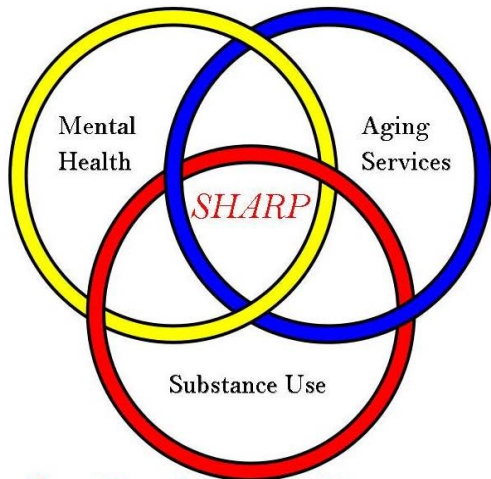


# The **SHARP** Project

The **SHARP** Project is a local program designed to assist adults, 55 years of age and older, with counseling and community based services that promote physical and emotional well-being. Counseling is available to participants of the program through office-based or in home telehealth sessions.



The **S**enior **H**ealth **A**nd **R**esource **P**artnership Project

Onondaga County  
Department of  
Adult & Long Term  
Care Services



J. Ryan McMahon, II  
County Executive



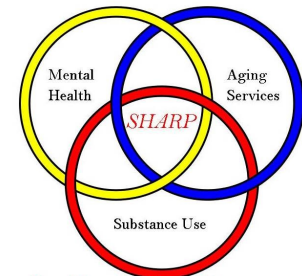
The SHARP Project is a partnership between Onondaga County Department of Adult & Long Term Care Services, AURORA of Central NY, Inc., Liberty Resources and Helio Health. Funding is provided by the New York State Office of Mental Health.

Contact: **SHARP** Project  
315-435-5600 Ext. 5648  
[www.ongov.net/adult](http://www.ongov.net/adult)

Are you age 55, or older?  
Are you worried about  
addiction, depression or  
other mental health issues?

The **SHARP** Project Can Help!

# The **Senior** **Health** **And** **Resource** **Partnership** **Project**



The **S**enior **H**ealth **A**nd **R**esource **P**artnership Project

Contact: **SHARP** Project  
315-435-5600 Ext. 5648



## What the **SHARP** Project Does

The **SHARP** Project offers:

- Care Management
- Aging Services
- Mental Health Services
- Substance Use Counseling

The goal of the **SHARP** Project is to provide appropriate supports and services that will enable older adults to remain safely in their homes and participate in family and community life.

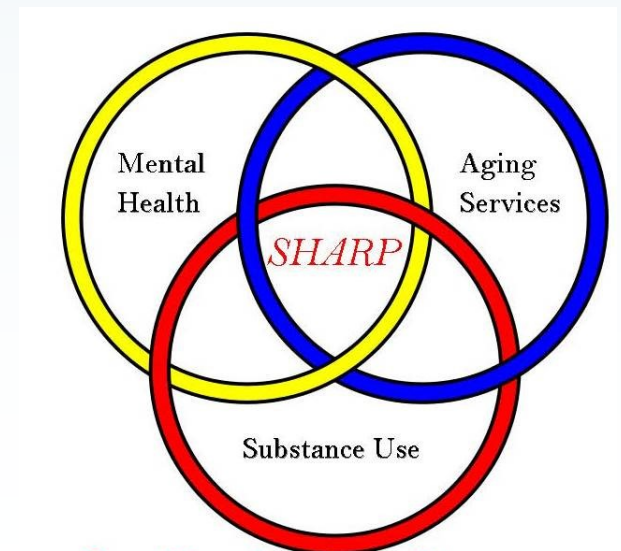
The **SHARP** Project is sensitive to the needs of older adults and respects individual choice.

Contact: **SHARP** Project  
315-435-5600 Ext. 5648

# The **SHARP** Project Can Help With:

- ⇒ Mental Wellness Assessments & Counseling
- ⇒ Substance Use Assessments & Counseling
- ⇒ In Home Telehealth
- ⇒ Aging Assessments & Services
- ⇒ Care Management
- ⇒ Home Visits
- ⇒ Falls Prevention

Joy Pleasants, Care Coordinator  
Phone: 315-435-5600, Ext. 5648  
Fax: 315-435-5612  
Email: [jpleasants@ccsi.org](mailto:jpleasants@ccsi.org)



The **S**enior **H**ealth **A**nd **R**esource **P**artnership Project