

## Mental Health, Substance Use & Developmental Disabilities Onondaga County Resources

- **In an emergency please Dial 9-1-1**
- **Suicide, Crisis & Telephone Counseling - 24 hr. Contact Hotline 315-251-0600**
- **Alcohol & Substance Use Referrals - Prevention Network 315-471-1359**
- **Development Disabilities Services - Exceptional Family Resources 315-478-1462**
- **For Community, Social or Government Services Information - Dial 2-1-1**

Agency	Program Type	Address	Phone/Website
<b>Arise*</b>	<u>Outpatient Mental Health Services</u> All ages. Individual & Group Therapy: -Child Abuse Prevention Services -Cognitive Behavioral Therapy -Crisis Intervention -Domestic Violence Counseling <u>Integrative Care</u> -Medication Evaluation & Management -Mental Health Assessment -Post-Traumatic Stress Disorder (PTSD) -Substance Abuse treatment	635 James St., Syracuse, NY 13203	315-472-3171 <a href="http://www.ariseinc.org">http://www.ariseinc.org</a>
AccessCNY	<u>AccessCNY</u> offers person-centered services that empower individuals of all ages and abilities to reach their full potential as part of a shared community. The agency supports people with developmental disabilities, acquired brain injuries (ABI) and mental health issues. Offers speech & physical therapy, day care & consumer directed homecare.  Unique Peerspectives offers the services of peer support staff who promote self-help, natural supports, and alternatives to the mental health system.	AccessCNY 1603 Court Street Syracuse, New York 13208  Unique Peerspectives 466 South Salina St., Syracuse, NY 13202	315-455-7591 <a href="http://www.accesscny.org">http://www.accesscny.org</a>  Unique Peerspectives 315-475-1994
<b>Belvedere Addictions Center</b>	<u>Addiction Center</u> - Out-patient programs for adults suffering from addiction. Group and individual treatment sessions. Initial and ongoing assessments	344 W. Genesee Street, Suite 300 Syracuse, NY 13202	315-457-4700 <a href="http://www.belvedereaddictionscenter.com">http://www.belvedereaddictionscenter.com</a>
<b>Bright Path Counseling Center</b>	<u>Counseling Center</u> - Alcohol/Substance Abuse/Relationship Counseling/Holistic Health/Emotional Well-Being, Depression, Anxiety, Anger, Psychiatric Care. Individual/Group - Traditional and Alternative Therapy.	7266 Buckley Road North Syracuse, NY 13212	315-458-0919 <a href="http://www.brightpathcenter.com">http://www.brightpathcenter.com</a>
<b>Catholic Charities</b>	<u>Family Counseling</u> -Out-Patient Counseling -Respite Program -Medicaid Service Coordination	1654 West Onondaga St., Syracuse, NY 13204	315-424-1800 <a href="http://www.ccoc.us">http://www.ccoc.us</a>

<p><b>Central New York Services, Inc. (CNYS)</b></p>	<p><u>Clinical Programs</u> - Outpatient services – individual/group settings for those with co-occurring disorders, primary mental health concerns/chemical dependency issues. Include licensed clinics.</p> <p><u>Dual Recovery Program (DRP)</u> Licensed Chemical Dependency Clinic offers Integrated Dual Diagnosis Treatment for chemical dependency and mental health issues. Serves individuals with co-occurring disorders or primary chemical abuse or dependency. Walk-in intakes Monday – Thursday 8:00 a.m. on a first come, first served basis.</p> <p><u>Personalized Recovery Oriented Services (PROS)</u> A comprehensive recovery-oriented model of care for individuals with severe and persistent mental health conditions, substance abuse issues, and/or developmental disabilities. The PROS model emphasizes restoring the skills and supports necessary for participants to live independently, and assists in the achievement of specific life goals such as furthering education or securing employment. Walk-in intakes accommodated Monday – Friday from 8:00 a.m. to 4:00 p.m. on a first come, first served basis.</p> <p><u>Housing Programs</u>- Housing options range from supported apartment living to Shelter Plus Care to fully supervised residences. Housing can be transitional or long term.</p> <p><u>Financial &amp; Employment Programs</u> Programs include person-centered Representative Payee service for Onondaga County residents and employment services for dually diagnosed adults or individuals with mental, emotional, physical or learning disabilities.</p> <p><u>Forensic Programs</u> Services include court diversion, community case management and behavioral health services within correctional facilities.</p>	<p>518 James Street, Suites 240/280 Syracuse, NY 13203</p> <p>Dual Recovery Program (DRP) 375 West Onondaga Street, Suite 201 Syracuse, NY 13202</p> <p>Personalized Recovery Oriented Services (PROS) 375 West Onondaga Street, Suite 10 Syracuse, NY 13202</p>	<p>315-478-2453 <a href="http://www.cnyservices.org/onondaga">http://www.cnyservices.org/onondaga</a></p> <p>Dual Recovery 315-478-0610</p> <p>PROS 315-478-2030</p>
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<b>Central New York Services, Inc. (CNYS) Continued</b>	<u>Medicaid Services Coordination</u> Person-centered planning process to assist persons with developmental disabilities and their families' access appropriate services.		
<b>Conifer Park Syracuse Outpatient Clinic</b>	<u>Outpatient Clinic</u> Adults & Adolescents, Alcohol and Chemical Dependency Treatment.	526 Old Liverpool Road, Liverpool, NY 13088	315-453-3911 <a href="http://www.coniferpark.com/syracuse-outpatient-clinic">http://www.coniferpark.com/syracuse-outpatient-clinic</a>
<b>CPEP (Comprehensive Psychiatric Emergency Program)</b>	<u>A Licensed Psychiatric 24/7 Emergency Room.</u> Provides evaluation and treatment/all ages who are suffering from an acute mental health crisis. -Emergency Room Evaluation and Treatment -9 Extended Observation Beds (EOB) max 72 hrs.  -Mobile Crisis Outreach (MCO) Off-site screening for individuals in emotional crisis. Individuals who require a full psychiatric assessment by the physician will be transported to CPEP by 911 services. MCO may do home visits with CPEP discharged patients.  <u>Crisis Residence</u> a linkage with Hutchings Psychiatric Center. Patients discharged from CPEP who are experiencing a crisis with their current housing can be referred to this service. The beds are located at the Hutchings Psychiatric Center. These beds have a maximum stay of five days.	St. Joseph's Hospital 301 Prospect Avenue Emer. Services Bldg. Syracuse, NY 13203	315-448-6555 <a href="http://www.sjhsyr.org/cpep">http://www.sjhsyr.org/cpep</a>
<b>Crouse Hospital Chemical Dependency Treatment Services</b>	<u>Adult &amp; Adolescent Outpatient and Day Treatment Programs for Alcohol &amp; Chemical Dependency.</u> Special Population Programs for Pregnant and Postpartum Women, Latinos and the OARS Program for Older Adult Recovery Services for adults age 55+.  <u>Opioid Treatment Program (Methadone Maintenance)</u> - Adults age 18 & Older  <u>Recovery Challenge Intensive Program (RCI) Day Treatment</u> - Adults who meet criteria for outpatient rehab., substance abuse treatment and present with one or more of the following conditions: - Traumatic brain injury - Learning disability - Developmental disability - A history of special education	410 S. Crouse Ave. 1 <sup>st</sup> Floor, Syracuse, NY 13210	Main/Outpatient Programs 315-470-8304 <a href="http://crouse.org/services/chemical-dependency">http://crouse.org/services/chemical-dependency</a>  Opioid Treatment Program 315-470-8334  RCI Day Treatment 315-480-8340

<b>Crouse Hospital Chemical Dependency Treatment Services Continued</b>	<u>Commonwealth Place Residential Program</u> 40-bed residential center treating adults age 18+ with chemical dependency who benefit from 24/7 treatment in a supervised setting.	Commonwealth Place 6010 E. Molloy Rd. Syracuse, NY 13211	Commonwealth Place 315-434-2470
<b>Exceptional Family Resources</b>	<u>C.A.R.E.E.R.S.</u> assists adults with developmental disabilities who have previously experienced significant barriers to employment identify their own career path and reach their personal objectives to employment. <u>Family Directed Supports</u> provides direct financial assistance to support the needs of a family member living with a disability. <u>Family Education &amp; Training</u> provides training opportunities to caregivers of individuals who are eligible for this Medicaid Waiver service. <u>First Step</u> helps establish initial links to services and support to families new to the developmental disabilities service system. <u>Friends Connection</u> pairs youth and adults with developmental disabilities with volunteer companions to share community recreation opportunities. <u>Habilitation Services</u> helps people with disabilities acquire skills, expand their interests and increase independence. <u>Medicaid Service Coordination</u> assists individuals with developmental disabilities and their families with access appropriate supports and services. <u>Project Explore</u> provides a half-day summer program of recreational activities for students with developmental disabilities. <u>Recreation</u> provides recreation opportunities at various community locations. <u>Respite</u> provides care and supervision to individuals with a developmental disability. <u>Senior Caregivers</u> serves families in which a caregiver 55 or older lives with and cares for someone with a developmental disability. <u>Specialized Resources</u> provides families with information and referrals to disability-related programs and services.	1820 Lemoyne Ave, Syracuse, NY 13208	315-478-1462 <a href="http://www.contactefr.org">http://www.contactefr.org</a> The 2015-2016 Resource Manual for Onondaga can be downloaded from their website.
<b>Forensic Consultants, Ltd</b>	A private psychotherapy & counseling practice for individuals/families. Includes, depression, anxiety, marital difficulties, and alcohol/substance abuse/addiction.	319 East Water St., Syracuse, NY 13202	315-472-1212 <a href="http://www.forensicconsultantsltd.com">http://www.forensicconsultantsltd.com</a>

<b>Hutchings Psychiatric Center</b>	<p><u>Adult Inpatient</u> (Ages 18-65+) 105 inpatient beds.</p> <p><u>Adult Outpatient</u> Clinical, residential, social rehabilitation and vocational rehabilitation services.</p> <p><u>Child and Adolescent (under age 18) Inpatient &amp; Outpatient</u> Integrated inpatient, day treatment, and clinic programs.</p>	620 Madison St., Syracuse, NY 13210	315-426-3600 <a href="https://www.omh.ny.gov/omhweb/facilities/hupc">https://www.omh.ny.gov/omhweb/facilities/hupc</a>
<b>Liberty Resources Inc.</b>	<p><u>Clinic Services</u>  <b>Brownell Center</b> - Largest provider of outpatient mental health services in CNY; individual/family/group therapy; co-occurring substance abuse/mental health treatment; psychiatric evaluation/medication management services.</p> <p><u>Residential Services</u>          -Alcohol and Substance Abuse OASAS (Office of Alcohol and Substance Abuse Services) Maxwell House, Mental Health Residential Treatment (MRT) Permanent Supportive Housing, Next Step Supportive Living, Upstate Permanent Supportive Housing          -Brain Injury -Domestic Violence          -Family Foster Care -HIV Services          -Intellectual Disability Services          -Individualized Residential Alternative (IRA) -MRT Services -Dept. of Health (DOH) MRT Supportive Housing - Enriched Crisis and Transitional Housing          -Office of Mental Health (OMH)Supported Housing          -Supportive Apartments -Venture House</p> <p><u>Disability Services</u> -Brain Injury -Early Intervention -Intellectual Disability Services -Community Habilitation -Day Habilitation -Individualized Residential Alternative (IRA) -Supports for Employment</p> <p><u>Child, Youth &amp; Family</u> - Prevention, intervention, rehab. /after-care services to children/families. Crisis therapy, case management, counseling, substance abuse treatment/mental health services, life skills education &amp; foster, shelter and 24/7 residential housing.</p>	1045 James Street, Syracuse, NY 13203	315-425-1004 <a href="http://www.liberty-resources.org">http://www.liberty-resources.org</a> Brownell Center 315-472-4471

<b>Liberty Resources Inc. Continued</b>	<u>Individuals &amp; Adults - Services/support to special needs adults; &amp; those with HIV/AIDS, severe/persistent mental illness, developmental disabilities, chemical dependence, traumatic brain injury, and physical disabilities.</u>		
<b>Onondaga Case Management Services, Inc.</b>	<p><u>Adult Services:</u></p> <p><u>Health Home Care Management (HHCM)</u> Comprehensive Care Management for adults, on Medicaid, with 2 chronic health conditions, mental health, or substance use disorder.</p> <p><u>Assisted Outpatient Treatment Team (AOT)</u></p> <p><u>Non-Medicaid Care Management (NMCM)</u></p> <p><u>Forensic Case Management (FCM)</u> Adults with mental illness who are transitioning from a correctional facility into the community.</p> <p><u>Assertive Community Treatment (ACT)</u> Community based treatment and rehab. For adults with serious &amp; persistent psychiatric disability.</p> <p><u>Peer Mentor Program</u> Current and former recipients of mental health services partner with peers.</p> <p><u>Children &amp; Family Services Case Management</u> Provides clinical, community based services to families with a seriously emotionally disturbed child or adolescent.</p> <p><u>Healthy Families</u> Youth ages 10-18 enrolled at a participating Syracuse City School. Short term/home based intervention.</p> <p><u>Integrated Children's Intervention Service (ICIS)</u> Works with Families who have been referred by the Probation Dept.</p> <p><u>Home Based Crisis Intervention</u> Works with children at risk for hospitalization; referred by psychiatrist, Children are assessed for inpatient care.</p>	620 Erie Blvd. West Syracuse, NY 13204	315-472-7363 <a href="http://www.ocmsinc.org">http://www.ocmsinc.org</a>

<p><b>Onondaga Case Management Services, Inc. Continued</b></p>	<p><u>Mobile Assessment Team</u> Makes home visits. Provides Crisis Planning and Stabilization. Duration is 1-2 visits.</p> <p><u>Coordinated Children’s Services Initiative</u> Parents, who have been through similar issues, partner with families and provide information and support.</p> <p><u>Vocational Program</u> Linkages referring people to other service providers to help people achieve their goals.</p> <p><u>Outpatient Behavioral Health Clinic:</u> For adults and transition age youth age 17 1/2+, Assessment, Individual, Family &amp; Group Therapy. Psychiatric Evaluation and Medication Treatment as it relates to therapy.</p>		
<p><b>Onondaga County Children and Family Services</b></p>	<p><u>Mental Health Clinic for Children &amp; Youth</u> Family friendly, clinically-effective outpatient mental health services to children and youth under age 18 who live in Onondaga County. Assessment and treatment services to help develop new ways of thinking, manage emotions, make good behavior choices &amp; relate well to others. Problems with attention, focus or hyperactivity; difficulty following adult directives; sadness, intense anger or fear that interferes with activities; and behavioral problems that interfere with school or family functioning. Adult caregivers are always an integral part of our treatment strategies. Sliding scale fee for families who do not have health insurance.</p> <p><u>Family Support Services (FSS)</u> Provides short term support to adult caregivers who are parenting children or youth who face significant mental health challenges. FSS works with families to assess needs, advocate for services, assist in accessing community resources, and support adult caregivers both to achieve parenting goals and to support their children and youth in achieving personal goals. There is <b>no charge</b> for these services and all services are customized to meet the family's unique needs.</p>	<p>John H. Mulroy Civic Center, 8th Floor 421 Montgomery St., Syracuse, New York 13202</p>	<p><a href="http://www.ongov.net/cfs">http://www.ongov.net/cfs</a> 315-435-7707 Mental Health Clinic for Children &amp; Youth and Family Support Services</p> <p>315-435-7707 Family Support Services</p>

<p><b>Onondaga County Children and Family Services Continued</b></p>	<p><u>Day Treatment Program</u> Provides intensive mental health treatment for children and adolescents between the ages of 5 and 18 years old who reside in Onondaga County. The program provides comprehensive services to address the emotional, behavioral, psychological, social, medical and academic needs of children and adolescents who are experiencing significant difficulty functioning at school, home and community.</p> <p>The program operates year round. Family participation and collaboration are an integral part of the Day Treatment Program.</p> <p>Children and adolescents are referred to Day Treatment by their home school district. Families interested in Day Treatment should discuss this with their district Committee on Special Education. Once a referral is made, an evaluation is scheduled to determine if day treatment services will meet the child/adolescent's needs. Evaluations are scheduled when an opening is available.</p> <p>Day Treatment services are financially supported by health insurance and school district support. A generous sliding fee scale is provided for families who either do not have health insurance or have insurance that does not cover day treatment.</p>		<p>315-435-7706 Day Treatment Program</p>
<p><b>Prevention Network</b></p>	<p>Prevention Network has been making Central New York a healthier community since 1949 by providing programs and supportive services which prevent addictions and address related concerns. Prevention Network serves individuals, families, and the community through substance abuse prevention education, information and referral services, life skills, youth peer leadership, and parenting programs, professional training and development series, community coalition development, and family support services. Substance Use Referral Service 8 am until 4 pm Monday – Friday, call 315-471-1359.</p>	<p>906 Spencer Street Syracuse, NY 13204</p>	<p>315-471-1359 <a href="http://www.preventionnetworkcny.org">www.preventionnetworkcny.org</a></p>



Single Point of Access (SPOA) Continued	families. Call if there are concerns about a child/youth with emotional or behavioral challenges. The child/youth has serious needs and is at risk of requiring out-of-home placement. Multiple systems are involved or coordination of care is desired. The youth's current plan is not working or there are barriers to implementing the plan.		
<b>Syracuse Behavioral HealthCare (SBH)</b>	<p>SBH services include withdrawal and stabilization services.</p> <p><u>Substance Abuse Inpatient Detoxification at The Willows</u> Providing Medical Supervision of withdrawal from alcohol and other drugs and treatment for other medical problems. Providing Medical Monitoring for people temporarily incapacitated because of intoxication by alcohol or other drugs. The average length of stay ranges from 3-14 days, and is dependent on the individual treatment plan of each person. Syracuse: 25 bed, licensed facility. Medical and counseling staff on site 24/hrs. per day. Individual/group counseling combined with medical care and bed rest in a safe, comfortable environment.</p> <p><u>Substance Abuse Inpatient Rehabilitation at The Willows</u> Providing intensive programs for people who need a highly structured, supportive environment. Individual/group counseling, patient education and acupuncture treatment. The average stay 3-6 weeks, and is dependent on the individual treatment plan. A 40 bed licensed facility. Offers medical management supports to. Special accommodations are available for women who are pregnant or with newborns.</p> <p><u>Mental Health Outpatient Clinic</u> Medical, psychiatric/clinical assessment/medication management, and individual, group/family counseling sessions. Services are offered Monday- Friday. Walk-in hours are Monday-Friday 8-12 AM and Wednesday 12-3 PM Supervision is provided for pre-school aged children.</p>	<p>329 N. Salina Street, Syracuse, NY 13203 Suite 200 Corp. HQ.</p> <p><u>Inpatient at The Willows</u> 847 James St., Syr., NY 13203</p> <p>329 N. Salina Street, Syracuse, NY 13203 Suite 101 for <u>Outpatient</u>, Suite 100</p>	<p><u>315-471-0568 24 Hour Helpline</u> 315-474-5506 Main Telephone <a href="http://www.sbh.org">http://www.sbh.org</a></p> <p>Inpatient at The Willows 315-701-1516</p> <p>Rehabilitation at The Willows 315-492-1184</p> <p>Mental Health Clinic 315-373-0361</p>

<b>Syracuse Behavioral HealthCare (SBH) Continued</b>	<p><u>Substance Use Disorder Outpatient Clinic</u> Medical, psychiatric and clinical assessment of treatment needs while utilizing medication assisted treatment, and individual, group, and family counseling sessions to support patients with meeting their treatment and recovery goals. Open walk-in hours available Monday through Thursday from 8:00 AM to 3:00 PM and Friday from 8:00 AM to 3:00 PM. Patients seeking service will be meeting with a Revenue Specialist and one of our Registered Nurses to complete an initial assessment.</p> <p><u>Gambling Outpatient Clinic</u> Provides clinical assessment of treatment needs while utilizing individual, group, and family counseling sessions to support patient's recovery goals. No fee. Services are offered Monday through Saturday with morning, afternoon, and evening hour availability. Supervision is provided for pre-school aged children.</p> <p><u>Community Residences, Support Living &amp; Permanent Housing</u></p>	<p>329 N. Salina Street, Syracuse, NY 13203 Suite 101 for <u>Residential Services</u></p>	<p>Substance Use Disorder Clinic 315-471-1564</p> <p>Gambling Clinic 315-471-1564</p> <p>Residential Services 315-472-9964</p>
<b>Syracuse Community Health Center, Inc.</b>	<p><u>Individual and Family Services (IFS)</u> Provides individual/group counseling to persons/families with mental health issues; depression, anxiety, eating disorders, parenting issues, sexual identity issues, teens at risk, and domestic violence.</p> <p><u>OAS (Alcohol &amp; Substance Abuse) Treatment &amp; Counseling Services - Counseling, Addiction &amp; Psychological Services (CAPS)</u> -Substance Abuse Treatment -Mental Health Services -Case Management -Adolescent Intervention</p>	<p>810 S. Salina Street Syracuse, NY 13202</p>	<p>315-476-7921 <a href="http://www.scheny.com">http://www.scheny.com</a></p>
<b>Syracuse Recovery Services</b>	<p><u>Outpatient Alcohol Programs</u> -DWI /DMV Evaluations -Medication Management</p> <p><u>Outpatient Substance Abuse Programs</u> -Substance Abuse Treatments -Suboxone Medication Management</p>	<p>109 S. Warren St. Suite 806 Syracuse, NY 13202</p>	<p>315-475-1771 <a href="http://www.syracuserecoveryservices.net">www.syracuserecoveryservices.net</a></p>

<b>Syracuse Recovery Services Continued</b>	<u>Mental Health Services</u> -Psychiatric Consulting -Medication Management -Treatment for Co-Occurring Disorders -Trauma Recovery		
<b>Tully Hill Chemical Dependency Treatment Center</b>	<u>Inpatient Treatment</u> -Medically Supervised Detoxification -Inpatient Rehabilitation -Inpatient Rehabilitation – Relapse Prevention  <u>Outpatient Treatment</u> -Professionals Group: Group members address specific/unique issues/problems faced by many professionals. -Young Adult Group: 16 years up to 20.  -Gender Specific Groups: Men and Women’s group therapy  -Life Story/ Peer Evaluation: Each patient will have the opportunity to tell their story of: “what happened, what it was like, and what it’s like now” to their peers in a group setting.  <u>Specialized Services</u> -Medically Supervised Detoxification -Interventions	5821 Route 80, Tully, NY 13159	315-696-6114 <a href="http://www.tullyhill.com">http://www.tullyhill.com</a>
<b>Upstate Medical University</b>	<u>Inpatient Psychiatry - Community</u> 26-bed adult psychiatric inpatient unit serves patients ages 18 and older with acute symptoms of psychiatric illness or disorder that require a safe, therapeutic environment to support re-stabilization.  <u>Inpatient Adult Psychiatry</u> The University Hospital Inpatient Psychiatric Unit (4B) admits both voluntary/involuntary patients 18 years and older with a wide variety of psychiatric and substance abuse/dependence disorders. <u>Psychiatric Addiction Dual Diagnosis Service</u> -Outpatient Detoxification -Extended Evaluation/Referral -Psychiatric Pain Consultation -Buprenorphine Maintenance for Opioid-Dependent Pregnant Women	Upstate University Hospital - Community Campus 4900 Broad Road Syracuse, NY 13215  Upstate University Hospital - Downtown Campus, 4B, 750 East Adams Street Syracuse, NY 13210  Psychiatry and Behavioral Sciences Building Rm. 205, 713 Harrison Street Syracuse, NY 13210	315-492-5635  315-464-9096 <a href="http://www.upstate.edu/psych/healthcare/index.php">http://www.upstate.edu/psych/healthcare/index.php</a>  315-464-3130 <a href="http://www.upstate.edu/psych/healthcare/psych_addiction/index.php">http://www.upstate.edu/psych/healthcare/psych_addiction/index.php</a>

<p><b>Upstate Medical University Continued</b></p>	<p><u>Psychiatric Consultation Service (Adult/Child)</u></p> <p><u>Psychiatric Clinics</u></p> <p><u>Adult Psychiatry Clinic</u> Individual/Group Therapy and Specialties: -Eating Disorders Program -Dialectical Behavioral Therapy -Cognitive Behavioral Therapy -Anxiety Disorders -Medication Management</p> <p><u>Child and Adolescent Psychiatry Clinic</u> Interdisciplinary, outpatient training facility providing diagnostic evaluation and treatment services to children and adolescents (through the age of 18) and their families.</p> <p><u>Center for Emotion and Behavior Integration</u> Provides intensive, time-limited outpatient treatment for adolescents and young adults (17-45 years of age) suffering from complex behavioral problems.</p> <p><u>Attention Deficit/Hyperactivity</u> Children, adolescents, and adults referred to this program for evaluation undergo a comprehensive protocol of behavior rating scales, interviews, and psychological testing.</p>	<p>Upstate University Hospital - Downtown Campus, Rm. 1702 750 East Adams St., Syracuse, NY 13210</p> <p>Psychiatry and Behavioral Sciences Building, Rm. 100 713 Harrison Street, Syracuse, NY 13210</p> <p>Psychiatry and Behavioral Sciences Building Rm. 126 713 Harrison Street, Syracuse, NY 13210</p> <p>Psychiatry and Behavioral Sciences Building 713 Harrison Street, Syracuse, NY 13210</p> <p>Psychiatry and Behavioral Sciences Building, Rm. 126 713 Harrison Street, Syracuse, NY 13210</p>	<p>315 464-5631</p> <p><a href="http://www.upstate.edu/psych/healthcare/psychclinics/adult.php">http://www.upstate.edu/psych/healthcare/psychclinics/adult.php</a> 315-464-3165</p> <p>315-464-3145</p> <p>315-464-3120</p> <p>315-443-9450</p>
<p><b>VA Medical Center</b></p>	<p>For VA enrolled Veterans &amp; Eligible Family Members. Mental Health/PTSD Counseling &amp; Treatment, Substance Abuse Disorder Treatment.</p> <p>The Behavioral Health Care Line serves Veterans in inpatient/outpatient settings to help them achieve a full/meaningful life.</p> <p><u>Behavioral Health Outpatient Clinic</u> provides mental health services as a part of the Patient Aligned Care Team to help Veterans work toward symptom resolution. Counseling and treatment are offered according to an individualized plan.</p>	<p>VA Main Campus 800 Irving Avenue, Syracuse, NY 13210</p> <p>VA Behavioral Health Clinic 620 Erie Blvd. West Syracuse, NY 13204 M-F 8 am- 4:30 p.m. Some evening &amp; Saturday times/call for appointment.</p>	<p>315-425-4400 VA Main Number <a href="http://www.syracuse.va.gov">http://www.syracuse.va.gov</a> VA Main Website</p> <p>315-425-4400 Ext. 53463 Behavioral Health <a href="http://www.syracuse.va.gov/services/behavioral_health.asp">http://www.syracuse.va.gov/services/behavioral_health.asp</a></p>

<p><b>VA Medical Center Continued</b></p>	<p>For those suffering from more serious mental health concerns, <u>Intensive Outpatient Behavioral Health Services</u> offer more contact and treatment time to overcome significant barriers. Intensive outpatient visits are scheduled as often as five days a week until less frequent treatment is appropriate.</p> <p><u>Inpatient Behavioral Health Care</u> is available for Veterans who require more intervention than can be provided in the community. Acute inpatient psychiatry patients are admitted to the facility to be treated by a team of psychiatrists, social workers, nurses and other therapists. Acute inpatient stays typically last three to ten days and are followed up by further treatment after the patient is discharged from the facility.</p>		
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**\*Bold denotes a Licensed Program**

## Crisis Assistance, Referral Services and Support Groups:

- **211 CNY:** Dial 2-1-1 for referrals to community, social or government services.  
<https://211cny.com>
- **Al-Anon/Alateen:** For families and friends of alcoholics. 12 Step Program  
315-471-0191, <http://www.syracuseais.org>
- **Alcoholics Anonymous:** 12 Step Program, 315-463-5011 - 24 Hour Line  
<http://www.aasyracuse.org>
- **Depression Bipolar Support Alliance CNY:** Every Tuesday at 6:15 pm.  
AccessCNY, 420 E. Genesee St., Syracuse, 315-428-9366
- **Contact Community Services Hotline:** 24 Hour Crisis Line - 315-251-0600  
<http://www.contactsyracuse.org>
- **Family Support and Education Center:** Crisis and ongoing supports and  
advocacy. AccessCNY 420 E. Genesee St., Syracuse, NY, 315-478-4151
- **Hiscock Legal Aid Society:** 351 S. Warren St. Syracuse, NY 13202, 315-422-8191  
[info@hiscocklegalaid.org](mailto:info@hiscocklegalaid.org)
- **Hope Connections:** Peer Led Coaching Program at Catholic Charities advocating”  
recovery in the community, 315-362-7629, [www.ccoc.us](http://www.ccoc.us)
- **Legal Services of CNY:** 221 S. Warren St., Syracuse, NY 13202  
315-703-6500, <http://www.lscny.org>
- **NAMI (National Alliance on Mental Illness) Syracuse:** Support and Sharing Meeting  
for family/friends of those with mental illness diagnoses. 3<sup>rd</sup> Tuesday each month at 7 pm.  
AccessCNY 420 E. Genesee St., Syracuse, 315- 487-2085
- **Narcotics Anonymous:** 12 Step Program, 315-472-5555 <http://honyana.org>
- **National Helpline:** 1-800-662-4357, TTY 1-800-487-4889
- **National Suicide Prevention Lifeline:** 1-800-273-8255, TTY 1-800-799-4889
- **Onondaga County Department of Adult & Long Term Care Services:**  
[www.ongov.net/adult](http://www.ongov.net/adult): Mental Health (315-435-3355) Veterans (315-435-3217)  
Office for Aging (315-435-2362) Adult Protective Services (315-435-2815)  
NYConnects (315-435-1400) and the Long Term Care Resource Center (315-435-5600.)
- **Onondaga County Department of Social Services:** Economic Security:  
<http://www.ongov.net/dss> 315-435-2700
- **Prevention Network:** Substance Use Referral Service, Monday-Friday, 8 am to 4 pm and  
education and training for Substance Abuse/Addiction Prevention. 315-471-1359  
<http://www.preventionnetworkcny.org>
- **Spouses/Partners Support Group:** For the spouse/partner of someone with a  
mental health diagnosis. Meets the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month from 7:00 to  
8:30 at 2503 E. Genesee St., Syracuse, NY 13219, 315-468-9809
- **Youth Emergency Services (YES):** 24/7 Line, 315-463-1100
- **Unique Peerspectives:** Peer led support, 315-475-1994
- **Veterans Crisis Line:** Available 24/7 at 1-800-273-8255, <https://www.veteranscrisisline.net>
- **Volunteer Lawyers Project** of Onondaga County, Inc.: No cost legal assistance for low  
income clients. 221 S. Warren St., Suite 320, Syracuse, NY 13202, 315-471-3409  
<http://www.onvlp.org>

**Helpful Links:**

- Behavioral Health Treatment Locator: <https://findtreatment.samhsa.gov>
- Buprenorphine Treatment Physician Locator:  
<http://www.samhsa.gov/medication-assisted-treatment/physician-program-data/treatment-physician-locator>
- Center for Community Alternatives: <http://www.communityalternatives.org>
- Central New York Prevention Resource Center: <http://www.cr-prc.org>
- Couple and Family Therapy Center: <http://falk.syr.edu/marriagefamilytherapy/Goldberg.aspx>
- Faces and Voices of Recovery: <http://www.facesandvoicesofrecovery.org/guide/support>
- Huntington Family Center: <http://www.huntingtonfamilycenters.org>
- NAMI - National Alliance on Mental Illness New York State: <http://www.naminys.org>
- NAMI - National Alliance on Mental Illness Syracuse: <http://namisyracuse.org>
- New York State Office of Alcoholism and Substance Abuse Services (OASAS):  
<https://www.oasas.ny.gov>
- Opioid Treatment Program Directory: <http://dpt2.samhsa.gov/treatment/directory.aspx>
- Rescue Mission: <http://rescuemissionalliance.org>
- U.S. Substance Abuse and Mental Health Services Administration (SAMHSA):  
<http://www.samhsa.gov>
- U.S. Department of Health & Human Services Mental Health:  
<http://www.mentalhealth.gov>

The listings included are not exhaustive; inclusion/exclusion should not be construed as an endorsement or as a statement to the quality or service provided. Please call (315) 435-3355 with any updates.